

# THE PARISH NEWSLETTER

David Kent & Margo Swiss  
266 Glenlake Avenue  
TORONTO ON M6P 1G4

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TRINITYTIDE 2003

An occasional Newsletter for Parishioners and Friends of Saint Thomas's Church, Toronto

## SPRING BENEDICTINE DAY

### CLEANS & BEAUTIFIES PARISH GROUNDS

based on reports by parishioners including Jennifer Grange & Robin Lable

The Property Committee would like to thank the enthusiastic band of gardeners, rakers and cleaner-uppers who helped in the outdoor work of Benedictine Day, May 10. Sweeping up the litter of winter, with pruning, hauling earth, gathering dead leaves and planting were the easy parts; getting the city to take away the accumulated debris afterward proved harder! A good start was also made on a thorough cleaning of the parish kitchen, a process completed the following week. The "noble army" began work around 8:30 am, paused for Mass at 10:00, and after enjoying a superb lunch courtesy of Anna Kennedy, resumed their labours.

With the generous donation of two parishioners we were able to undertake a revitalization of the gardens this year. Although there are still a few errant roots in the herbaceous border along the south side of the church, a major redigging about six years ago meant that it only needed replanting this time. The garden on Huron Street will require more ongoing effort as it is overrun by roots from the surrounding trees and shrubs. Special thanks to Riva Lieflander for replacing the broken planter near the parish hall door with a handsome iron

urn, containing trailing lobelia made possible by a gift from Ruth Wylie, to be further beautified thanks to the generosity of the Bartleys, in memory of Alan and Tom Suddon.

We have chosen a mainly blue, pink and white colour scheme. These colours along with some plants such as buddleia and phlox should attract bees and butterflies to the garden. Other plants such as thyme and dianthus offer beautiful scent but require little care. Most of the new plants are perennials.

In the front we have trimmed the shrubs and are attempting to grow clematis over them. Because this area is partially shaded, we have also planted hostas, thalictrum and astilbe.

In the rectory gardens, Fr Andrews was observed planting a new redbud, a columnar cedar and a rose of Sharon along with new hostas. These were in memory of his recently-deceased Aunt. Over the long term, we would like to add an herb garden at the back. We will also have to remove some shrubs and trees which are threatening the foundations.

If anyone would like to make donations (memorial gifts, perhaps) we have suggestions. Also if anyone is dividing hostas, geraniums (cranesbills not pelar-



Warden Nigel Wright & Mary Suddon working with the Rector on Benedictine Day

gonium), phlox or other perennials, we would welcome your garden orphans.

It was wonderful to see the spirit of St Thomas's so manifested once again. Come and join us in the Fall!

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*The Affordable Art Affair, organized to raise funds for the renovation of St. Thomas's kitchen, offers an occasion to purchase donated hung art, metal sculpture, photography, stone carvings, glassware, pottery, and art in the folk tradition on the weekend of September 20th, 2003. Leading up to the event there will be a variety of volunteer opportunities, ranging from distributing leaflets throughout the Annex, to setting up and breaking down the Church Hall for the event. VOLUNTEER NOW and be part of an exciting opportunity for community building for St. Thomas's. Call Carolyn at 416-532-4034 or Melinda at 416-323-1322. Pickup of donations: Alan or Mary Wilson (416) 783-2651*

## **PARISH NEWSLETTER SEEKS READERS' SUPPORT**

### **Advisory Board authorizes donation appeal**

The May 13th meeting of the Advisory Board received a report on the Parish Newsletter, the Eastertide issue being the first published in many years. Since no financial provision exists for the publication, its revival not having been foreseen at time of budget preparation, the cost of the first issue was met by a parishioner. That expense ran to about \$1,000.

It was the feeling of the Rector, the Editor and the Advisory Board that – before reducing the quality of what was generally considered a positive and professional-looking addition to parish life – members of the congregation should be given the opportunity to support this new venture. Two members of the Board immediately pledged substantial assistance.

As is the case in many other parishes throughout the Church, we are asking for voluntary donations (fully tax-deductible in the usual way) towards the Newsletter. If every envelope subscriber, and other members and friends of St Thomas's, many of whom live out of town, were to give around \$15, the solvency of the periodical would be guaranteed, without any drain on (non-existent) parish funds!

*Please use the coupon below to send your contribution to the Parish Office – or place it in an envelope and drop in the collection plate with your gift!*

**Mail to: Saint Thomas's Church,  
383 Huron Street, Toronto, ON M5S 2G5**

Here is my contribution in support of the Parish Newsletter: \$ \_\_\_\_\_

NAME: \_\_\_\_\_

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## *The Rector's Message: Trinity 2003*

*by Fr Mark Andrews*

Once upon a time there was a man who wanted to buy a donkey. He took it home to see how it would get along with the other donkeys. The new donkey turned its back to all the other donkeys except one, which was the laziest and greediest of the lot. In the morning the man returned the donkey, saying, "I am sure that this donkey is just like the one that it singled out for a companion". The moral of the story: A person's character is judged by the company that person keeps.

Aesop's fables are timeless tales that expose the human condition. The idea behind the story about the donkey is retold in many forms: *Birds of a feather flock together* is how Cervantes states it. Saint Paul expresses the same idea to the Corinthians: *Do not be deceived – bad company ruins good morals*.

Paul begins by stating this truism in the negative, warning of the dangers of associating with those who think wrongly and behave badly, but he goes on to express it more positively. He says we ought to seek out and associate with people who are wiser, better, and more experienced than we are ourselves. Paul is not saying so much that there are people we should avoid, as he is encouraging us to associate with people who will invigorate us and inspire and teach us to grow in love toward God and neighbour.

One of the benefits of belonging to the Church is that we find many admirable mentors for ourselves and for our children. We meet people in this parish whose talents and energy are directed toward growing in their relationship with God and serving those in need. Our souls are inspired and uplifted by them. When we worship together with such people we find ourselves drawn into a deeper relationship and communion with God.

This is what the Feast of the Holy Trinity is about. God is by His nature relational. He is not simply God, He is the Father of the Son, and He is the Holy Spirit Who proceeds from the Father and the Son. To say that God is love is to say that God is a community of love. The celebration of the Holy Trinity, springs naturally out of our celebrations of Easter, Ascension, and Pentecost. They are all feasts that speak of God's great desire to draw us up into Himself and into the divine community in which He exists.

If we are judged by the company we keep then we can't do better than to keep God's company, to draw near with faith, and to live closely with each of the three Persons of the Trinity. In this Trinity Season let us look for the role models in our parish who will help us to grow in our relationship with God, and let us consciously become role models for others in their Christian formation. The best role models are those who keep the best company, and live in the closest fellowship with the divine community, the Father, the Son, and the Holy Spirit.

## **THE PARISH NEWSLETTER**

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All uncredited photographs in this issue courtesy of  
Linda Russell, Parish Photographer

Thanks to all those who have contributed to this issue.

## The Statue of Mary

by Fr Mark Andrews

Almost 20 years ago the statue of Mary appeared at St Thomas's and was placed near the Lady Altar. In recent months there have been several additions. At Candlemas a candle rack was installed. This idea had been in circulation for a decade and was finally realized after much debate surrounding safety and aesthetics. Willem Hart designed a rack that was consciously in keeping with the Arts and Crafts style of the church, but concerns about fire hazards and melting wax led to a significant re-design, including coloured glass containers with a leaf motif. An oak pedestal



Statue of the Blessed Virgin Mary under the canopy used for festal occasions

with a gold fleur de lis, matching those surrounding the Altar, (one of the symbols of Mary), is sufficiently large to allow flowers to be arranged safely around the statue. A blue canopy with pale gold fleurs de lis was created for the May Festival, celebrated at St Thomas's on May 24th. Although it was permitted to be erected on a temporary basis only, it may appear again on other festivals.

As has been the case ever since the Reformation, the position of Mary in the Church stirs up controversy. At St Thomas's we give thanks that Mary provides many of our parishioners with another avenue for deepening their relationship with her son, Our Lord Jesus Christ.

## Protecting Our Treasures

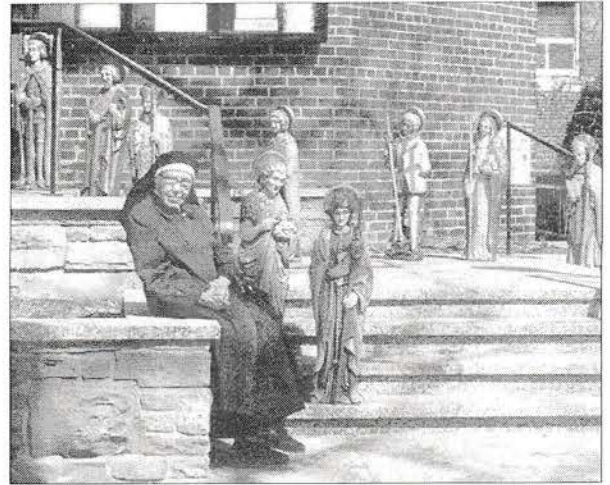
Look, don't touch

by Carl Benn

One of the many glories of our church building is its rich collection of sculptures, paintings, and other artistic creations, much of it produced by artists who attended (or still attend) St Thomas's. Some of the more prominent examples include the reredos at the high altar, completed in 1942; the triptych in the Lady Chapel (our newest major artwork, from the 1990s); the crucifix in the baptistry c.1922, and everyone's favourite, our lectern, 'Matilda,' dating to 1917.

However, keeping these objects in good condition poses a challenge in a living institution such as St Thomas's. Light causes colours to fade and fabrics to rot. Humidity fluctuations make wood shrink, swell, and split. Dirt adds a gloss of grime to mask an artist's vision.

People also pose a threat. Even the most genteel of Anglicans has sweat, salt, and a bit of dirt on their hands, so touching artworks should be avoided to prevent transferring these harmful substances that will corrode metals and soil painted and other vulnerable surfaces. Cleaning objects also is a problem because most of the standard cleaners are too abrasive or powerful for artistic creations, and can rub away surface details or otherwise degrade objects. Even water poses a danger to fragile surfaces and wooden artefacts. When damage occurs, it often is permanent; and even when an object can be restored, treat-



Sister Constance, SSJD, a friend of the Parish since 1932, relaxes with some old friends after their Spring cleaning

Photo Credit: Randall Rosenfeld

ment frequently is expensive, and often replaces original fabric with new, which compromises an object's integrity.

Yet, we don't want to see our treasures covered with dust, and we want them to continue enriching the life of the parish as they were intended to do, so it is inevitable that cleaning and restoration will occur from time to time along with basic housekeeping. However, to ensure that we follow the best practices available to us, the new Property Management Committee will be studying how to care for this rich inheritance in order to develop an effective and fitting strategy as part of our stewardship of the parish's resources.

In the meantime, we ask that everyone refrain from touching the artworks without appropriate authorization and instruction. Additionally, if you have expertise in conservation or another relevant field, please contact the chair of the Property Management Committee so that we can incorporate your knowledge in ensuring the long life and integrity of the artistic resources that we all value as part of the distinct St Thomas's experience.

## Bible Study on the Boat

Summer evenings on Lake Ontario, Scriptures on water

A very pleasant way to enjoy studying the Scriptures is to participate in a Bible Study on a boat. Fr Andrews' father has given the use of his 38 foot sail boat to St Thomas's on Thursday evenings from June 12 - July 10. The studies will be led by various priests in the diocese, including Frs Ross, Freeland, and Lennox (a

parishioner and chaplain at Appleby College), David Harrison, and George Sumner. We will be looking at biblical passages featuring water. There is a charge of \$10 per session toward the purchase of food and drink. For more information and to register please call Mercia at (416) 299-6927.

# ST THOMAS'S FAITH & PRACTICE

*First of an occasional series on what we do, and why we do it*

## ON EUCHARISTIC ADORATION

by Fr Robert Ross

When I was first appointed to St Thomas's, some seventeen years ago, I met a priest-colleague in the street who said: "Congratulations! But, you know, they have 'cookie' worship there!!".

She was referring to our custom, at St Thomas's, of having Devotions before the Blessed Sacrament at the end of our Sunday Solemn Evensong. I don't think my colleague was trying to be disrespectful (more likely she was trying to be 'clever'... a fatal weakness of many Anglican clergy, especially Trinity College graduates), but she exemplified the kind of prejudice that exists in the Anglican Church (even amongst so-called Anglo-Catholics) concerning eucharistic devotions.

For those parishioners who have never been to Sunday Evensong – very few, I suspect – let me explain what I am talking about. Following the singing of Evening Prayer, the officiant removes the Blessed Sacrament from the Tabernacle, places it on the altar, before various hymns and prayers (as well as incense) are offered in the presence of



*Eucharistic adoration: the Sacred Ministers bow before the Blessed Sacrament at the Altar of Repose on Maundy Thursday*

Photo Credit: Dr Susan-Sueh Foo

our Lord's sacramental presence. "Devotions" is, I believe, a uniquely Anglican adaptation of the Roman Catholic rite of "Benediction", where the officiating priest "blesses" the congregation with the reserved sacrament (either "simply" in the pyx or ciborium; or "solemnly" with a "monstrance", i.e., a receptacle in which the consecrated host can be seen by the congregation). Of course, "Benediction" is certainly not unknown in Anglican churches (St Mary Magdalene's and St Matthias's in our own Parkdale Deanery have had this service for years... and recently, at St Thomas's, the Society of Mary has had Benediction on Tuesday evenings in Lent).

Some Anglicans, indeed, some St Thomasites, object to eucharistic devotions, especially Benediction. I'm not sure quite why. It may be part of the deep strain of Calvinism or other forms

of continent Protestantism that are part of our Anglican heritage. Sometimes people refer, incorrectly, to the 39 Articles' proscriptions concerning "carrying about" or "gazing upon" the Sacrament, forgetting that the reformers were objecting to eucharistic devotions that took precedence over the celebration of the eucharist as a holy meal. But in our day of guitar masses and congregational singing, I don't think we need any more to worry about this abuse! In fact, in our day, we Anglicans probably are more in need of recovering a heightened sense of Christ's "special" presence in the Sacra-

ment of Christ's Body and Blood. There is no doubt that the eucharist is once again the central act of worship of the Anglican Church – thanks be to God – but along with that marvellous renaissance of catholic practice there has sometimes been an absence of eucharistic devotion. Yes, our Lord is present in the gathered assembly. That is crucial. Yes, our Lord is really present in the eucharistic action, including the proclamation of the Word of God. That is also crucial. But our Lord is **specialy and uniquely** present in the consecrated bread and wine... our food for the journey of faith and life... and we ought not to forget that fact. The reformers were quite right to object to eucharistic devotions becoming a substitute for the celebration of the eucharist itself. But that is not a supersitition of our age, at least in middle-class Anglican circles!

Eucharistic devotion is not, of course,

limited to "Devotions" following Evensong. Most people at St Thomas's genuflect or, at least, bow before coming to the sanctuary rail to receive Holy Communion, and think nothing of it. Most people genuflect or bow deeply before the Sacrament when it is reserved at the High Altar at Evensong or in the Lady Chapel. Most people kneel when the Sacrament is taken, in procession, to the Chapel of Repose on Maundy Thursday. Many people remain to pray before the Sacrament at the "Watch" on Maundy Thursday. During Mass, many in the congregation look up at the chalice and

bread, when it is elevated, and make the sign of the cross. Many years ago, Walter Hardacre – hardly a superstitious person – told me that he instructed his church school pupils to look up at the elevation of the host and the chalice and say to themselves "My Lord and my God" (the confession of faith of our patron St Thomas). It is a practice I have tried to follow ever since (thanks Walter!) And, if you think eucharistic adoration is just a "high-church thing", I suggest you go to Little Trinity parish on King

Street. The last time I was there, I was overwhelmed by their sense of reverence for the Sacrament when the people knelt to receive Holy Communion.

But, despite these forms of eucharistic adoration, some of us are not comfortable with the idea of the "Benediction" of the Blessed Sacrament: it seems a bit too 'Roman' for 'oh so English' St Thomas's. However, different forms of "Benediction" are already here! For example, it is my custom to give a "minor blessing" with the Sacrament at the end of Devotions before the Sacrament is removed to the Lady Chapel. I also bless, with the consecrated host, the children who are not yet, receiving Holy Communion. To me, this is a perfectly natural thing to do, since the bread that I administer communicates Christ's presence in a unique way. These children, as baptized Christians,

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have every right to received the Sacrament but have not yet been admitted to full fellowship at the Lord's Table. I bless them with the host because our faith is that God uses material things – bread, wine, water, oil, human beings – to reveal himself to us. This is not magic! It is simply an outward sign of the reality of Christ's presence. Why would anyone find such a gesture offensive? But enough! I am becoming polemical, and the editor of the newsletter (and doubtless some of you, good readers) will take me to task for that!!!

Fortunately, at St Thomas's, no one is "forced" to accept any particular version of eucharistic devotion. As Queen Elizabeth I reputedly said, "We (Anglicans) do not make windows into men's (sic) souls!" Like Holy Scripture, Eucharistic devotions (including "Benediction" or "Devotions") are a means to God... and are offered to us as a gift, which we may or may not freely accept. Let me conclude by describing how I experienced that gift. During my time in France last year... with no Anglican Church available... I regularly attended the local Roman Catholic cathedral for Mass. Of course, it was essential for my spiritual well-being to have place where the eucharist was regularly (and quite decently) celebrated. But, as important as the regular celebrations of the eucharist were, it was the rite of Benediction of the Blessed Sacrament which made me feel most connected to St Thomas's, Toronto. The hymns and hymn tunes and actions at Benediction were, of course, fundamentally the same as that which we do week-by-week on Sunday evening at St Thomas's. And while this was not a substitute for the celebration of the Eucharist, it was a deep source of spiritual solace and an opportunity to feel a closeness to our Lord which is hard to put into words. But it isn't necessary to attend Benediction to feel this closeness to Jesus. The Lord is present in Holy Sacrament of the altar, reserved in our Lady Chapel (24/7). We can't just seek him there, of course. We must also seek him in the lives of everyone we encounter in our day-to-day lives. But perhaps if we spent a bit more time in adoration before his sacramental presence, we might find it a bit easier to find him in the lives of the least of our brothers and sisters in the world.

## May Festival a Festive Triumph

based on an article  
by David O'Rourke

For many people, May is the fairest of months and it is an appropriate time to honour the Blessed Virgin Mary. It is also Eastertide, when budding trees and blooming flowers are signs of the new life provided by the Resurrection.

We are accustomed at St. T's to celebrating feasts of Our Lady. With greater or lesser solemnity we observe the Annunciation, Candlemas, the Nativity of Our Lady and the Assumption. But the May festival has a different character from these other feasts. One could almost say it is more fun. It used to be celebrated at St. T's years ago but fell into abeyance until it was revived last year by Fr. Neelands. The May Festival is celebrated in different parishes on each Saturday in May (except for the Holiday Weekend). Festivals were held at St. Matthias Bellwoods; St. Bartholomew's, Regent Park; and at St. Mary Magdalene's (with our own Fr Andrews as preacher).

St Thomas's High Mass of Our Lady in Eastertide was celebrated on May 24th by Fr Andrews, with Fr Ross (Chaplain of Our Lady of Hope Ward of the Society of Mary) as deacon, and David O'Rourke (Secretary of the Ward) as subdeacon. The sermon was preached by Fr Kenneth Jaggs SSC, of St. George's Church, Windsor.

Also in attendance were Fr Trent Fraser SSC, a former member of our Evensong choir, and Fr Jeffrey Kennedy, rector of St. Matthias Bellwoods, our mother parish. Regrets were received from, among others, Fr David Neelands, a faithful member of the Society of Mary.

Byrd's Mass for Four Voices was sung beautifully by four choir leads under the direction of John Tuttle. John Gardham played the organ.

The Mass concluded with a procession to the statue of Mary, which had been decorated especially for the celebration. A canopy had been created for the celebration, and as Fr Hoult had instituted on feast days, a lace veil was placed over Mary's head. Ronwen Guest created a



Alessia Libertore-Williams crowns Our Lady at the May Festival

splendid floral sculpture, and eleven year old Alessia Libertore-Williams climbed bravely up a ladder and crowned the statue of Our Lady with wreath of flowers.

Everyone adjourned to the parish hall for a delicious luncheon before heading down to the St Agnes Chapel for Rosary, Solemn Benediction, and the Admission of New Members. The chapel had been cleaned and decorated for the event, a necessity because "Doors Open" was taking place upstairs. Two new mem-

bers (parishioners Kimberly Yates and Carol Lang), were admitted into the Society of Mary.

If you have never taken part in these festivities you might consider it for next year. The Festival is sponsored by Our Lady of Hope Ward of the Society of Mary, a Devotional Guild whose membership includes a large number of parishioners from St Thomas's.

### FROM THE PARISH REGISTER

#### BAPTISM

April 27, 2003 – Liam Johnson, son of Jeremy and Stephanie Johnson



Fr Ross baptizes Liam Johnson

May 18, 2003 – Carlotta Anne Mace, daughter of Sean Mace and Susan Done

May 25, 2003 – Hermione Jane Tankard, daughter of Jeremy Tankard and Heather Fitzgerald. (Heather is a member of St Thomas's church choir.)

# Stewardship at Saint Thomas's

by Anna Kennedy and Michael Rowland on behalf of the Finance Committee

Finance Committee members include: Brian Bartley, Walter Hardacre, Anna Kennedy, James MacMillan, David Montgomery, Marilyn Ramsingh, Michael Rowland, Nigel Wright, and Tim Wright

Something is different at Saint Thomas's. Volunteers are stepping forward. Parish needs and projects are being identified. New initiatives and events are materializing. Friendships are developing and communication is growing.

At a recent coffee hour, one parishioner was overheard to say (somewhat, but not entirely tongue in cheek) "What is going on? I haven't seen so many smiles around here in a long time!"

## A Structural Deficit

The smiles and new energy are definite signs of positive progress. But how is our financial health?

At the risk of turning those smiles into frowns, it is important to recognize that we have what might be called a structural deficit. In short, our current operational model is not sustainable in the long term unless we can increase revenue.

The temporary respite provided by rental income from the Rectory and lower than usual costs during the transition to Fr. Andrews' arrival has now ended. The forecasted deficit of roughly \$32,000 for 2003 (see table below) could be even greater in 2004 unless we are able to increase revenues.

It's not as if our expenditures are extravagant. Both the Finance Committee and the Corporation are of the view

that cost reductions would undermine our mission and unique qualities as a parish – the things we hold dear such as daily worship services and high quality choral music.

And there is much enthusiasm and support for expanding our outreach, education and children's programs, among other things.

## Some Positive Signs

New leadership, growing lay participation and the burgeoning energy of a parish intent on sharing the faith and the beauty of holiness with others, can only be seen as positive signs.

Our financial progress to date in 2003 also shows some promising signs. Congregational givings are up as some people have increased their financial commitments to the Operating Fund. The Kitchen Renovation Project has achieved great success in its fundraising, and a number of special project initiatives have garnered donations from individual parishioners.

At the same time, the new energy and activity level has generated higher than anticipated expenses in some areas.

## Where We Stand Today

A picture of our overall financial situation up to early May, 2003 is shown in the charts below.

The key differences between this year and last are the loss of rental revenue from the Rectory, and the added salary and benefit costs with a full-time Rector. Other uncontrollable costs such as utilities and insurance are also up. To date, the increase in givings is not yet sufficient to offset the increase in costs.

## St. Thomas's Anglican Church – Operating Fund as presented to Vestry 2003

Income	Budget
Congregational Givings . . . . .	\$254,000
Other Donations & Fundraising. . .	\$8,860
Bequests & Memorials . . . . .	\$7,389
Investment Income . . . . .	\$55,780
Rental Income. . . . .	\$29,875
<b>Total Income . . . . .</b>	<b>\$355,904</b>
Expenses	Budget
<b>Salaries and Benefits</b>	
Clergy Salaries . . . . .	\$57,011
Lay Salaries. . . . .	\$90,810
Benefits . . . . .	\$25,248
Choir Expenses. . . . .	\$44,860
<b>Property</b>	
Utilities. . . . .	\$27,260
Maintenance. . . . .	\$16,600
Property Taxes . . . . .	\$6,200
Insurance, Alarm System. . . . .	\$7,400
<b>Operations</b>	
Administrative Costs . . . . .	\$13,264
Parish Activity Costs . . . . .	\$5,680
Sanctuary Costs . . . . .	\$6,000
Outreach/Diocesan Allotment . . .	\$87,113
<b>Total Expenses . . . . .</b>	<b>\$387,446</b>
<b>Deficit = (\$31,542)</b>	

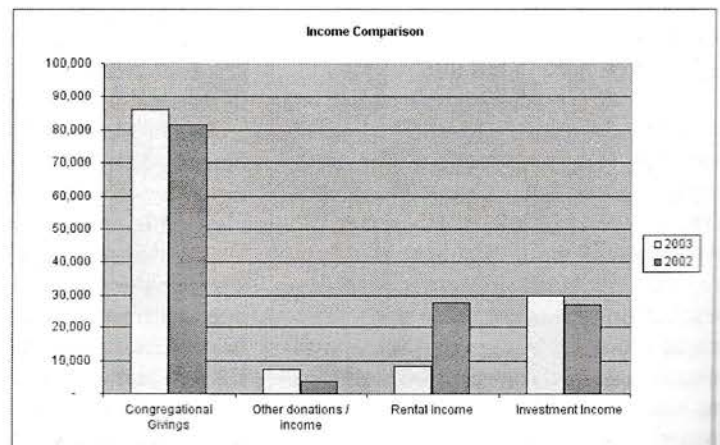
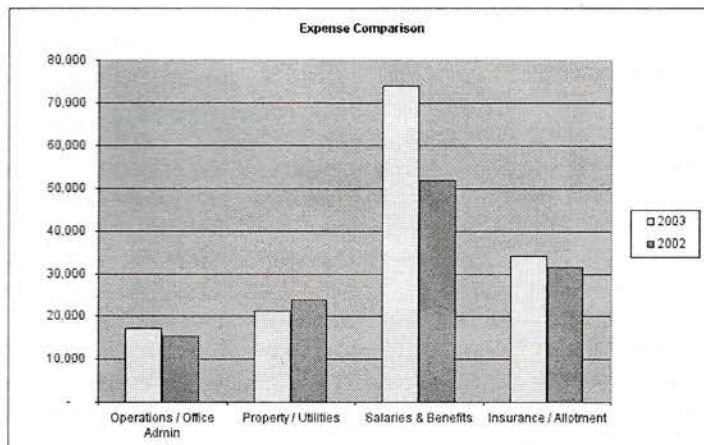
## Need for a Plan

So how do we move forward to address our financial needs and become more effective stewards?

We all have a role to play. For its part, the Finance Committee has recommended a six-point plan for moving ahead. These ideas will be discussed at Corporation and Advisory Board.

They include:

1. Educating the parish on our financial situation and needs (e.g. continue to use the Newsletter to communicate the parish's financial status and issues)
2. Articulating and generating support for the parish's vision and priorities



3. Finding new sources of revenue (e.g. rentals, event-based revenue)
4. Introducing a pre-authorized giving program (the option of having your planned commitment debited directly from your bank account or credit card)
5. Providing educational seminars and tools to support planned giving and alternate forms of giving (e.g. through wills, donation of shares, donation of property etc.)
6. Planning for a stewardship campaign in 2004/05

### What Each of Us Can Do

Our individual givings to the Operating Fund through weekly or monthly envelopes provide the financial lifeblood of the parish. We understand that not everyone can give more. However, we encourage all parishioners to reflect on their commitments and to consider if there are ways they could increase their support.

The Finance Committee welcomes any suggestions or additional members and looks forward to helping us all to grow in our roles as stewards of Christ's church. We are confident that we have all of the resources we require for Saint Thomas to flourish, and to carry out the mission of the Church today.

## Fast Facts

### Did you know that....

- There are roughly 300 adult members of the parish
- There are 218 envelope subscribers in the parish
- The annual cost of operating Saint Thomas's in 2003 is \$1,400 per member
- 155 (71%) of envelope subscribers gave \$70 or less per month in the first five months of 2003
- 9 (4%) of the 218 envelope subscribers gave 31% of the total envelope givings received in the first five months of 2003
- Salaries and benefits represent 56% of annual operating expenditures
- Property related expenditures (not including capital expenditures) represent 15% of annual operating expenditures.

# Affordable Art Affair in High Gear

## September event to benefit Kitchen Renovation

by Willem Hart

If you have ever worked in the kitchen of St. Thomas's Church you know it needs attention. Accordingly, plans have been developed for a complete redo of this space so central to the life of the parish.

The Kitchen Renovation Committee has already raised considerable funds, and private donations have also helped the cause. To help put the goal of \$50,000 over the top an unprecedented event is planned for September in the form of an Affordable Art Show & Sale. Parishioners have been asked to donate art works, frames and the like in order to help the cause. The initial response has been overwhelming; art ranging from the sublime to the ridiculous is coming in on a daily basis.

The show will feature affordable art as well as treasures that may not be so affordable for the average parishioner but sought-after by collectors. Dealers and collectors not associated with the parish will be invited to view and purchase exceptional items. The show will feature framed posters, watercolours by Marilyn Ramsingh, esoterica, frames, works from



the *Father Freeland* collection, originals by recognized masters such as *Ray Mead* and originals and limited edition prints by Willem.

To ensure the success of the Affordable Art Affair yet another committee of hard-working volunteers has assembled. The committee is co-chaired by *Melinda Cuthbert* and *Carolynn Lund-Mead*. Carolynn has already contributed a major work by her late husband as well as other works from her distin-

guished collection. Melinda has been tireless in promoting the event with the help of *Willem Hart*, who produces posters, cards and bulletins. *Jean-Paul Napier*, our resident framing expert, has been very active and helpful, while *Mary & Alan Wilson* are busy collecting works from various donors. *Marion Dorosh*, *Carol Kysela* and *Catherine Spence* are members at large of the committee.

If you have a work of art that you no longer require please donate it! Your reject may well be someone else's treasure. In the short run this about you getting involved but in the long run this is about improving the ability of St Thomas's Church to provide community service to our own community and beyond. You may drop items off at the church hall before and after Sunday services.



Some of the cooks and servers at Smokey Tom's High Tea fundraiser including (l-r) *Marion Dorosh*, *Diana Tuttle*, *Carole Leggett*, *Margaret Hardacre*, *Marilyn Ramsingh*, *Rodney Jackson*, *Carol Kysela*, *Tom Agnew*, *Mary Suddon*, *Mary Wilson*, *Peter Henderson*, *Janet Burnie & Allan Wilson*. Raising over \$1000 for kitchen renovation, 31 cooks delighted a full hall with generous samplings of their recipes from the new parish cookbook of which only 200 copies remain – sales after Mass at the coffee counter (where you can also donate your Canadian Tire money!) or from the Parish Office.

## News from the Social Committee

Parish Lunch at  
Patronal Festival July 6

by Susan Clarke

A heart-felt thanks to all the many parishioners who have volunteered their time and talents over the past several months in order to make our social events and receptions so enjoyable. Your efforts are greatly appreciated by all of us. Whether you brought donations of food, or helped with the set-up or clean up, the sense of teamwork has been key to the enjoyment and success of the events.

It is a tribute to *Linda Russell* that so many people have come forward to assist at these events. Her tireless and contagious enthusiasm has been so important a part of the social life of the parish. Linda has earned a rest from her labors, for a short time at least, and has stepped down from her role as chair of the Social Committee. Having announced her intention to step down, Linda then proceeded to arrange several more events, so we're not sure how much rest she intends to get!

It is an honour and great pleasure to step into the role of Chair of the Social Committee. I am grateful for the many people who have come forward with offers to help and with terrific ideas for future events. There are a number of events coming up soon, including a *fabulous lunch after the 11 am service on our Patronal Festival, July 6. Mark the date on your calendar and be sure to come.* It will be a great day to introduce a friend to your parish.



Birthday Cake surprise for the Rector's 39th, Ascension Day pot luck supper after Mass

PHOTO CREDIT: ELIZABETH BARNESLEY

## Visitors Welcomed At Doors Open



Part of the parish's vestment collection on display at Doors Open

by Marilyn Ramsingh

On May 24th and 25th, St. Thomas's was open to the public as part of the City of Toronto Culture Division's Doors Open program. Several parishioners volunteered as greeter/guides to ensure that visitors received information about the building and its art treasures, and to answer their questions.

This was a gratifying experience for those of us who were in the church to assist our visitors – 106 on Saturday and 59 on Sunday. Several people commented that they were familiar with the church from the outside, but had no idea that it was so beautiful inside. It was a treat to witness the enthusiastic reactions to the uniqueness of the baptistry, the splendour of the stained-glass win-

dows, and the artistic excellence of the reredos and the triptych. *Ronwen Guest* and *John Gardham* worked hard to prepare a display of several vestments, including some that are no longer worn because of their fragility. The interest shown in these vestments suggests that a more extensive display would have wide appeal.

St. Thomas's is fortunate to have been invited again this year to participate in this celebration of Toronto's buildings of historic and architectural interest. The privilege of worshipping in such inspiring surroundings is a blessing for all of us, and the Doors Open weekend has offered us the opportunity to share with others the experience of the very special place that St. Thomas's is.

## New Books in the Parish Library



by Marion Dorosh

**Can a Bishop be Wrong?** Edited by Peter C. Moore. This is a collection of 10 essays by scholars challenging John Shelby Spong.

**Glorious Companions: 5 Centuries of Anglican Spirituality** Edited by Richard H. Schmidt. In this anthology of 29 men and women from Cranmer to Tutu, there are brief biographies and well selected passages from their spiritual wisdom.

**Passiontide** A novel by Brian Pearson. David, an Anglican priest, faces a crisis in his domestic life which leads to a spiritual and psychological transformation. There are rich descriptions of the west coast of Vancouver Island where much of the plot is set.



## "I Never Knew That..."

An occasional feature detailing aspects of Parish life possibly unfamiliar to many

# OFFICES & INTERCESSIONS AT SAINT THOMAS'S

by Ronwen Guest

### Daily Offices

The offices of Morning and Evening Prayer are read publicly in this Parish on weekdays. Morning Prayer is also said before the Eucharist on Saturdays and statutory holidays. Seven of the eight regular officiants are laypeople: more officiants, readers and congregation always welcome! Morning Prayer uses the full BCP (1962) form and lectionary, while in the evening an abridged BCP office (starting at "O Lord, open Thou our lips") is said, using the BAS (1979) lectionary.

### Intercessions

Intercession is made daily during Mass. The form varies, but includes prayers for the Diocese listed in the Anglican Cycle of Prayer, the parish or office scheduled in the Diocesan Prayer Cycle and the persons whose names parishioners have written on the daily prayer list in the Intercession Book.

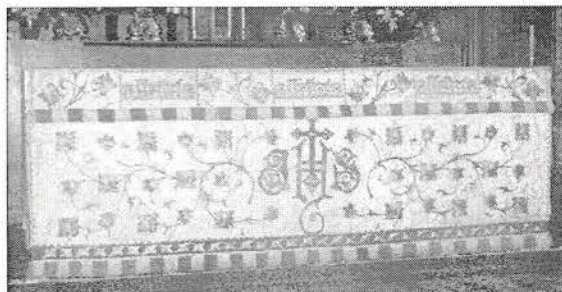
These include the sick and the dying, the others for whose special needs we are asked to pray, and the faithful departed. Those who have died in recent days are named in one section of the daily list, with those whose death occurred on that day in past years (called the "year's mind") being listed in another section. The Book is generally prepared on Thursday for the coming week.

There are three ways to add names to the prayer list: write them when you are in church – the Book usually is in the Narthex, or on a podium halfway up the north aisle towards the Lady Chapel; call the office and ask whoever answers to add them to the list; or e-mail Ronwen Guest (ronwen@idirect.com) who will include them when creating the list. Names remain on the list without any set limit of time, although it is always helpful to know when a particular intercession is no longer required.

## "Alleluia" Frontal reappears at High Altar

by Dr Suan-Seh Foo

Recent visitors to Evensong at St Thomas's may perhaps have noticed an unfamiliar magnificently embroidered frontal gracing the high altar. This is the "Alleluia" frontal, which had not been seen since the late 1950's, when it was "retired" upon the church's receiving a gift from Gerald Larkin of the current "best" white angel embroidered frontal. Also known as "the old white frontal," the reborn piece was made around 1926 by the Altar Guild with assistance from the Sisters of St John the Divine. Jacobean style flowers are embroidered on white silk damask and appear to spring from a sinuous unraveling of vines. This frontal takes its name from the Alleluia panels on the superfrontal, and it is thought those panels may have been incorporated from an



earlier work. A keen observer might see that the top of the Cross from the sacred IHS monogram is slightly covered by the superfrontal. This results from the current high altar being lowered by about three inches at the beginning of Fr Hoult's rectorship. The frontal was made for a "taller" altar! John Gardham of the Acolytes' Guild suggested to the Rector that this beautiful hanging be used once again, of which idea we all are visual beneficiaries.

## Easter Vigil includes Children

by Larry Beckwith

In our St. Thomas' environment of keen attention to liturgical, aesthetic and ritualistic detail, the 2003 Easter Vigil



Christus Vincit! The Sacred Ministers ring in the Feast at the Gloria, Easter Vigil

was a suitably joyous occasion, filled as it was with reflection and celebration. The opening flickering light at the back of the church, followed by the intoned *Exsultet* and four pairs of readings and psalms prepared our minds and hearts for the exuberant ringing of bells and singing of the *Gloria* and Easter Mass. A special addition to this year's Vigil service was the inclusion of the young members of the church school. They alternated sitting in the front pew of the church with decorating and preparing the Parish Hall for a warm and suitably festive reception following the service. Special thanks are due to Fr & Mrs Neelands for their thoughtful overseeing of the children's participation in what is surely one of the most important events of the year at St. Thomas.



Fr Neelands with the children who constructed an Easter Egg Tree during the Vigil

# Property Committee Sets Priorities

by Gene Stewart

As everyone has noticed and admired, the gardens around the Church have been greatly improved thanks to Jennifer Grange and her contingent of expert gardeners who did such a magnificent job on May 10th in time for our "Open Doors" days May 24 and 25. Our heartfelt appreciation goes out to Jennifer and team.

As for other activities, the Property Committee is presently receiving bids from various Trades and Contractors regarding repair and maintenance service on our buildings for such long overdue work as eaves trough cleaning, furnace maintenance, exterior painting, deck replacement for the Rectory, kitchen dishwasher installation and exterior brick work. You may have noticed that some of this work is already underway. In

addition, and in keeping with our proposed priority task list, we are planning some volunteer work days for clean-up and maintenance of the storage rooms located in the Church basement and the Parish Hall. We believe that some of them have not been cleaned up since before the war (guess which one). The dates tentatively set so far are – June 9, July 5, August 9 and September 6. We hope to have some willing hands come forth to help out.

At its May 7 meeting, the Property Management Committee agreed on a set of priorities which it would like to share with parishioners.

**First Priority** – to salvage and preserve existing corporate assets, and to resolve any legal/code deficiencies, by means of repairing and/or replacing any damaged Building structures; undertak-

ing any physical changes required to comply with any legal, fire, and/or safety regulations; undertaking any program or activity required to ensure the appropriate preservation and protection of our heritage, artistic assets and artefacts including the organ; instituting regular appropriate property maintenance standards designed to preserve and protect our assets at lowest cost.

**Second Priority** – to invest in enhancements or modifications to the Church property that will achieve lower maintenance costs, improved utilization of facilities, and/or achieve beneficial revenue generating opportunities.

Our Committee has recently been strengthened with the addition of new members Carl Benn, John Gardham and Vince Meade.

## Computer Corner

by John Meadows

35,000 'hit' Parish Website



The number of visitors to our web site continues to grow! At press time, we have had close to 35,000 thousand visitors since we started keeping a count in 1998. The volume of web traffic has at least doubled, when compared to previous years.

### Church Office – "Named" Computers

Did you know that all three computers in the church office network have names? (Names are needed to identify the computers on the network). Fr Andrew's computer is called *Lazarus*, since we have had to bring it back from the dead on more than one occasion. Barb Obrai's computer is named *Martha*, reflecting the hard working and faithful personality of Barb herself. Lastly, the computer that allows other computers on the network to print is called *Jezebel* – this computer is a collection of various bits and pieces of various vaguely suspect and thoroughly compromised computers. I have also on occasion felt like throwing it out an upper window, just like its biblical namesake!

### Interesting Web Sites

The sites I have chosen this time around are ones I came across as part of preparing for teaching in the Sunday School. <http://www.biblegateway.com/cgi-bin/bible> is an on-line Bible search engine. You can enter chapter and verse citations, and find the passage as translated in sixteen different versions of the Bible. When preparing a Bible reading for the Sunday school, seeing the passage in various renderings has helped me find a more effective way of teaching the lesson.

Another very useful site is <http://www.allgodskids.com/coloring.html>. It contains a treasure trove of Christian theme colouring book pages that can be printed and given to children for colouring. This is certainly much cheaper than buying colouring books, especially if you reuse scrap paper to print the pages.

### Church Multimedia CD – ROM

Work continues on the churches multimedia CD-ROM, planned for a late Fall, 2003 release. I am still looking for pictures, video tape, home movies, recordings etc. for use on the CD – all contributions are welcome and will be returned to you unharmed.

## The Holy Spirit: Preparing for Pentecost

Parish preparation mingles fellowship, study

by Carol Kysela

About 35 gathered for supper and some preparation for Pentecost on May 14; preparation provided by Fr. Mark, supper by Robin Lable, and programming by St. Thomas's Adult Education Committee. Before Fr. Mark even got a chance to open his mouth, one participant acutely observed that he couldn't remember when the last time it was that we had spoken about the Holy Spirit at St. Thomas's, while quickly adding that just because we haven't spoken about the subject doesn't mean that the Third Person of the Trinity hasn't been hard at work among us! For the next 45 minutes Fr. Mark traced the developing awareness of the Holy Spirit through the Old Testament and the New Testament. By the end of his talk and our questions, it was clear that we had received basic groundwork in the story of the Holy Spirit's activity in Scripture, a language to use in further consideration of the Holy Spirit, as well as a preparation for Pentecost. The developing awareness of the Holy Spirit in Scripture can be seen as paralleling a person's developing relationship with the Holy Spirit.

# Music List Highlights: Trinity 2003

(The complete Music List appears on the Parish Website at <http://www.stthomas.on.ca/music.htm>)

- ✦ At the *The Feast of SS Peter & Paul on June 29*, music will include at the *11 am Solemn Mass* the motet *O Quam Gloriosum* by Victoria. The work dates from 1572, and takes as its text the Antiphon for All Saints. A Jesuit priest and Royal Chaplain, Tomás Luis de Victoria (1548-1611) is generally regarded as Spain's premier composer of the Renaissance. Called by his contemporaries "the little Palestrina," Victoria is celebrated for his word painting in music – madrigalisms.
- ✦ Festive music at *The Patronal Festival July 6* includes at *Solemn Mass at 11 am*, a mass setting by Giovanni Pierluigi da Palestrina (1515-1594), the prolific composer of the Counter-Reformation. The *Missa Aeterna Christi Munera* uses as its ground the plainsong hymn known to parishioners as "The Eternal Gifts of Christ the King." Solemn Evensong will feature the well-loved *Collegium Regale* canticles by the British composer Herbert Howells (1892-1983), a student of Stanford and Wood. Howells composed these in 1945 for the Choir of King's College, Cambridge.
- ✦ Few parishioners would be unable to hum "Ding Dong, Merrily on High." But they might not relate the carol's harmonization to the Irish-born Charles Wood (1866-1926), and his 1923 setting to be sung at *Solemn Mass on July 13 of Mass in the Phrygian Mode* (known to generations of choirboys as 'Wood in the fridge!') The Phrygian Mode is one of the scales, precursors of plainsong, coming to us from Byzantine Greece – you can play it on your piano by

sounding the white notes from e to e. By way of contrast, the organ Postlude at the same service is *Toccata* by Georgi Mushel (1909-1989), "one of the few published works for organ by Russian composers." A toccata, by the way, is "a fast keyboard piece, exploiting rapidity of performance, runs, and repeated notes."

- ✦ "Listen Sweet Dove" combines George Herbert's Whitsunday poem with music by the contemporary British composer Grayston Ives (1948-). It will be sung at the *9:30 am Mass on July 27*. Ives was a tenor in the King's Singers before becoming Choirmaster and Music Director at Magdalen College, Oxford. Evensong the same day offers at Benediction William H Harris' (1883-1973) motet "Prevent Us O Lord." Many parishioners will be familiar with the former choirmaster of St George's Chapel, Windsor, through his motet "Faire is the Heaven."
- ✦ Edward Elgar (1857-1934) deserves remembrance for more than "Pomp and Circumstance" (as in "Land of Hope and Glory."). Elgar, son of a piano tuner, and a Roman Catholic, struggled for recognition in the face of Victorian England class and religious prejudice. His stately melodic setting of *Ave Verum* will be sung at Benediction at *7 pm on Trinity 10, August 24th*.
- ✦ Contemporary composers close out the summer, as *August 31st* finds *Missa Brevis* by the Irish folkloricist Brian Trant sung at the *11 am Mass*. The anthem at *7 pm Evensong* will be *The Beatitudes* by Dr. Derek Holman (1931-), a Canadian who for many years was organist and choirmaster at Grace Church on the Hill and then St Simon's Bloor Street. JLA

## CHOIR NOTES

### May Concert raises \$1600 for Schools Settlement

by John Tuttle

#### Choir Concert for Archbishop's Appeal

The Choir performed its first "concert" in many years on Friday, May 23rd, netting approximately \$1,770 for the Archbishop's Challenge to raise money for the Residential Schools Settlement. As the project developed, I realized that every note sung or played that evening came from our large repertoire of masses, anthems, motets and voluntaries, which have a practical use in the liturgy at St. Thomas's. We are indeed blessed to have this corpus of repertoire, but more so to have the support of the clergy and people of St. Thomas's to use it as it was meant to be used.

### The Changing Scene

On Ascension Day, we said good-bye to Meghan Roberts, who was one of our Soprano Section Leaders. Meghan has completed her undergraduate work at U of T, and will be attending McGill next year. We wish her well. For the next three weeks we are fortunate to have Rachel Harwood-Jones (sister of Ariel Harwood-Jones, who has sung at Evensong for the last decade). Rachel and her husband just moved to Toronto from Winnipeg, and has agreed to "finish out" the full-choir season. In the fall, we will welcome as our new Section Leader Suzanne Brooks, who has been a member of the Evensong choir and the Hart House Chorus.

#### Diocesan Girls' Choir Camp to Sing Evensong

On Sunday, August 17th, the Diocesan Summer Choir Camp for

Girls, conducted by Anthony Browning and accompanied by John Clements, will sing at Evensong in St. Thomas's at 7 p.m. The fifty (approximate) girls, ages 9 through 16, spend two-weeks in residence at the Ontario Ladies' College in Whitby, and sing liturgies on the two Sundays throughout the Diocese of Toronto. We are fortunate to have their first visit to St. Thomas's this summer.



Some members of the Parish Choir with John Tuttle (l. middle row) at Reception after the Archbishop's Appeal Concert

PHOTO CREDIT: ELIZABETH BARNESLEY

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PHOTO CREDIT: ELIZABETH BARNISLEY

## Saint Thomas's Church

### DIRECTORY

383 Huron Street,  
Toronto, ON M5S 2G5  
(416) 979-2323 phone  
(416) 979-0261 fax  
www.stthomas.on.ca

#### E-mail:

Parish Office [saintthomas@sympatico.ca](mailto:saintthomas@sympatico.ca)  
Rector [rector@stthomas.on.ca](mailto:rector@stthomas.on.ca)

Rector: Fr Mark Andrews (416) 345-8787

#### Assistant Priests:

Fr Brian D Freeland (416) 461-7025  
& Fr Robert A Ross (416) 588-6946

#### Honorary Assistant Priests:

Frs A. Thomas Little,  
W. David Neelands & Ian D. Nichols

#### Layreaders:

Walter O. Hardacre & Mary Suddon

#### Churchwardens:

Nigel Wright (416) 362-7711 &  
Marilyn Ramsingh (416) 465-1921

#### Deputy Churchwardens:

Patricia Kennedy & Michael Rowland

#### Organist & Choirmaster:

John H. Tuttle (416) 236-2750

#### Parish Administrator:

Barbara A. Obrai (416) 820-3560 cellular

Financial Officer & Treasurer: Anna Kennedy

Bookkeeper: Greg Anderson

Church School Supervisor: Diana Versegghy

Nursery School Supervisor: Maggie Murre

Web Master & Computer Consultant:

John Meadows [john@meadowsonline.com](mailto:john@meadowsonline.com)

Coordinator of Sidesmen and women:

Earl Barnsley (416) 467-0481

Sexton: Colin Anderson – Church Hall

Bookings: Mary Suddon (416) 924-6179

### WORSHIP AT SAINT THOMAS'S

#### SUNDAYS

Masses: 8:00 am (BCP, plain celebration);  
9:30 am (BAS, Sung); 11:00 am (BCP,  
Solemn High)

Mattins (said) 10:30 am – Solemn  
Evensong & Devotions 7:00 pm

#### WEEKDAYS

Masses: 5:30 pm Monday & Friday –  
12:15 noon Tuesday & Thursday  
7:30 am Wednesday, 10:00 am Saturday  
Morning Prayer is said daily 8:30 am,  
Saturday 9:30 am

Evening Prayer is said daily at 5:00 pm,  
except Tuesday and Wednesday at  
5:15 pm. Candelight Mediation follows  
Evening Prayer on Wednesday.

Confessions: At times announced or by  
appointment with any of the Parish Clergy

## PARTICIPATION OPPORTUNITIES

As you read of the diverse life of this church, it becomes clear that Saint Thomas's offers a host of ways for parishioners and friends to become more closely involved in the work of the Parish as well as of the many organizations which make their home here. Here are contacts who would welcome your inquiry and assistance. You can find them at mass, or leave a message at the Parish Office.

#### ORGANIZATION/ACTIVITY

Bible Studies aboard Boat

Canadian Tire Money/  
Cookbook purchase

CD-ROM project  
loans of archival materials

Church School  
teaching, enrolment

Daily Offices  
officiating, reading Lessons

Friday Summer  
Sandwich Suppers

Donate, serve food, sandwich/grocery bags

Grounds care assistance  
Weeding and watering patrol  
Donation of garden plants for  
church grounds

Parish Newsletter  
Writing, production, delivery

Property Management  
Committee

Volunteers for storage room clean-up days  
June 9, July 5, August 9 and September 6

Social Committee  
Event planning and kitchen volunteers

The Society of Mary

#### KEY CONTACTS

Information & registration

Mercia at (416) 299-6927

Marion Dorosh (416) 482-2243

or at the kitchen counter after Sunday Masses

John Meadows:

[john@meadowsonline.com](mailto:john@meadowsonline.com)

Diana Versegghy: [diana.Versegghy@ec.gc.ca](mailto:diana.Versegghy@ec.gc.ca)  
(416) 979-2323

Any of the Parish Clergy (416) 979-2323

Andrea Budgey (416) 638-9445

[abudgey@national.anglican.ca](mailto:abudgey@national.anglican.ca)

Jennifer Grange (416) 920-7654

(416) 920-2665 (o)

[red.gold@sympatico.ca](mailto:red.gold@sympatico.ca)

John Aimers (416) 975-2608

[john.aimers@sympatico.ca](mailto:john.aimers@sympatico.ca)

Gene Stewart

[genestewart@sympatico.ca](mailto:genestewart@sympatico.ca)

Susan Clarke (416) 484-8164

Fr Ross, David O'Rourke

## Summer Outreach Programme Serves Sandwich Suppers Fridays 6-7 pm

by *Andrea Budgey*

During the months when the Friday night suppers at St Stephen-in-the-Fields are suspended, we are offering a take-away sandwich programme at St Thomas's. People in need can drop by the entrance to the Parish Hall between 6 and 7 pm on Fridays, and pick up a sandwich, fruit and cookies with bottled water (or a similar bag lunch) to take away with them. The programme has been running since May 9th, and except for one Friday when we had torrential rain, we've been serving 10-12 people, with the numbers rising gradually. Volunteers bring food (or drop it off at the kitchen ahead of time), and two volunteers staff the table for the requisite hour – the arrangement couldn't be more low-

key, but it seems to be much appreciated. If you have an hour to spare before going out on the town (or heading home) on Friday evenings, or to make sandwiches, or to provide something else, think about giving us a hand. Donations of sandwich bags, napkins, or canned salmon or tuna to have in reserve would also be helpful, and we can use a steady supply of grocery bags. Please contact *Andrea Budgey* to volunteer your help!

If Friday just isn't your day, *John Beach*, the chaplain at Trinity College, is looking for volunteers to help with an Out-of-the-Cold supper programme on Thursdays (5:00-6:30 prep, or 6:30-8:00 serving and cleanup). You can reach him by e-mail at [chaplain@trinity.utoronto.ca](mailto:chaplain@trinity.utoronto.ca) or by telephone at (416) 978-3288.