Saint Thomas's Church The Sunday Called Quinquagesima Sunday, February 11, 2024 High Mass at 11:00 am



Elijah and the Chariot of Fire, Paolo Farinati, c. 1565 The Scottish Gallery of Modern Art

Saint Thomas's Anglican Church

383 Huron Street, Toronto, Ontario M5S 2G5 416-979-2323 www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement, though we hope you will avail yourself of **coffee hour in the parish hall** following this service, if possible. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit *qrco.de/smokytoms*. Scroll to the bottom of the webpage to fill out the online form. We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.

MUSIC OF THE MASS	Collegium Regale in E, Harold Darke (1888-1976)
VOLUNTARY	Fugue in G Major, BWV 541, J.S. Bach (1685-1750)

At the sound of the bell, all stand for the entrance of the Choir and Sacred Ministers.

ENTRANCE HYMN 350

- All people that on earth do dwell, Sing to the Lord with cheerful voice; Him gladly serve, his praise forth tell; Come ye before him, and rejoice.
- 2 The Lord, ye know, is God indeed;Without our aid he did us make;We are his folk, he doth us feed,And for his sheep he doth us take.

All people that on earth do dwell

- 3 O enter then his gates with praise, Approach with joy his courts unto; Praise, laud, & bless his Name always, For it is seemly so to do.
- 4 For why, the Lord our God is good; His mercy is forever sure; His truth at all times firmly stood, And shall from age to age endure.
- 5 To Father, Son, and Holy Ghost, The God whom heaven and earth adore, From men and from the angel-host Be praise and glory evermore.

OLD HUNDRETH Melody from Genevan Psalter, 1551 Rev. William Kethe, 1561

The People kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Choir alone sings the Kyrie, the People kneeling.

KYRIE ELEISON

Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us. Kyrie Eleison. Christe Eleison. Kyrie Eleison.

The People remain kneeling for the Collect.

COLLECTS OF THE DAY

The Lord be with you. **And with thy spirit.** Let us pray.

O Lord, who hast taught us that all our doings without charity are nothing worth: Send thy Holy Spirit, and pour into our hearts that most excellent gift of charity, the very bond of peace and of all virtues, without which whosoever liveth is counted dead before thee. Grant this for thine only Son Jesus Christ's sake, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen.**

O God, who before the passion of thy only-begotten Son didst reveal his glory upon the holy mount: Grant unto us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through the same Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. **Amen.**

The People sit.

FIRST LESSON

The First Lesson is written in the second chapter of the second book of the Kings, beginning at the first verse.

Now when the Lord was about to take Elijah up to heaven by a whirlwind, Elijah and Elisha were on their way from Gilgal. Elijah said to Elisha, 'Stay here; for the Lord has sent me as far as Bethel.' But Elisha said, 'As the Lord lives, and as you yourself live, I will not leave you.' So they went down to Bethel. The company of prophets who were in Bethel came out to Elisha, and said to him, 'Do you know that today the Lord will take your master away from you?' And he said, 'Yes, I know; keep silent.'

Elijah said to him, 'Elisha, stay here; for the Lord has sent me to Jericho.' But he said, 'As the Lord lives, and as you yourself live, I will not leave you.' So they came to Jericho. The company of prophets who were at Jericho drew near to Elisha, and said to him, 'Do you know that today the Lord will take your master away from you?' And he answered, 'Yes, I know; be silent.'

Then Elijah said to him, 'Stay here; for the Lord has sent me to the Jordan.' But he said, 'As the Lord lives, and as you yourself live, I will not leave you.' So the two of them went on. Fifty men of the company of prophets also went, and stood at some distance from them, as they both were standing by the Jordan. Then Elijah took his mantle and rolled it up, and struck the water; the water was parted to the one side and to the other, until the two of them crossed on dry ground.

When they had crossed, Elijah said to Elisha, 'Tell me what I may do for you, before I am taken from you.' Elisha said, 'Please let me inherit a double share of your spirit.' He responded, 'You have asked a hard thing; yet, if you see me as I am being taken from you, it will be granted you; if not, it will not.' As they continued walking and talking, a chariot of fire and horses of fire separated the two of them, and Elijah ascended in a whirlwind into heaven. Elisha kept watching and crying out, 'Father, father! The chariots of Israel and its horsemen!' But when he could no longer see him, he grasped his own clothes and tore them in two pieces.

The word of the Lord. **Thanks be to God.**

The People remain seated for the Psalm.

PSALM 50.1-6

٥		VII. 5.	
6>	•		
• Canton	1	THE LODD over the Most Mighty Cod both and here i	
Cantor	1	THE LORD, even the Most Mighty God , hath spo-ken :	
People		and call-ed the world, from the rising of the sun	
		unto the go -ing döwn there-of.	
	2	Out of Sion, the per-fec-tion of beau-ty : God hath shin-ed forth.	
Cantor	3	Our God cometh, and keep⁻eth not sil-ence : there goeth before him a	
		consuming fire, and a mighty tempest is stir-red up round a-bout him.	
People	4	He calleth to the hea -vens from a-bove :	
-		and to the earth, that he may judge his pëo-ple:	
Cantor	5	'Gather my saints to-geth-er un ² to me :	
		those that have made a covenant with me with sä-cri [_] fice.'	
People	6	And the heavens de-clare his righ-teous-ness :	
-		for God is jüdge him ⁻ self.	

THE EPISTLE

2 Corinthians 4.3-6

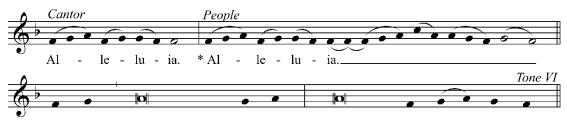
VII 5

The Epistle is written in the fourth chapter of St Paul's second epistle to the Corinthians, beginning at the third verse.

And even if our gospel is veiled, it is veiled to those who are perishing. In their case the god of this world has blinded the minds of the unbelievers, to keep them from seeing the light of the gospel of the glory of Christ, who is the image of God. For we do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, 'Let light shine out of darkness', who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMATION



Cantor SHINE AS lights in the world : holding fast the word of life.

The People repeat the Alleluia from the asterisk.

THE HOLY GOSPEL

Mark 9.2-9

The Lord be with you. **And with thy spirit.** The Holy Gospel is written in the ninth chapter of the Gospel according to Saint Mark, beginning at the second <u>verse</u>. **Glory be to thee, <u>O</u> Lord.**

Six days later, Jesus took with him Peter and James and John, and led them up a high mountain apart, by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, 'Rabbi, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah.' He did not know what to say, for they were terrified. Then a cloud overshadowed them, and from the cloud there came a voice, 'This is my Son, the Beloved; listen to him!' Suddenly when they looked around, they saw no one with them any more, but only Jesus. As they were coming down the mountain, he ordered them to tell no one about what they had seen, until after the Son of Man had risen from the dead.

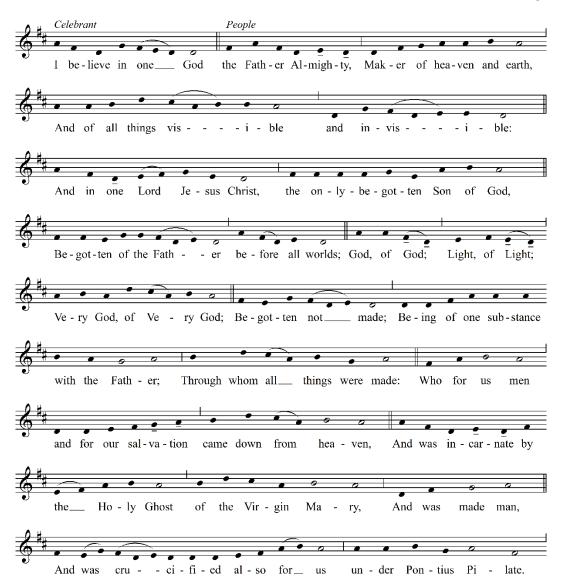
The Gospel <u>of</u> Christ. **Praise be to thee, <u>O</u> Christ.** The People sit at the invitation of the Preacher.

SERMON

The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED

Missa de Angelis





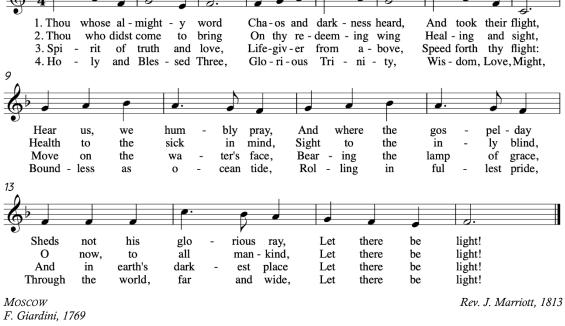
OFFERTORY SENTENCE

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

The People remain standing to sing.

OFFERTORY HYMN 284

Thou whose almighty word



The People sit if the Choir also sits, standing again as the thurifer approaches for the censing.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

INTERCESSIONS

Celebrant: Sisters and brothers in Christ, with joyous hearts and in communion with the Holy Catholic Church, let us offer up our prayers to Almighty God.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for the Province of the Episcopal Church of South Sudan according to the Anglican cycle of prayer, for the York Mills Deanery according to the Diocesan cycle of prayer, and for Christy, Ehianata & Ose Okoigun, Ngozi & Nathan Onuorah, David O'Rourke, Jiwon Tina Park, Dorothy Parr & Bruce Patterson according to the Parish cycle of prayer, and for all who serve and minister to God's people. *(Silence.)*



Intercessor: I bid your prayers for Charles, King of Canada, and for all in civil authority under him in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. *(Silence.)*

Lord, in thy mercy, **We beseech thee, hear our prayer.**

Intercessor: I bid your prayers for the world, for those places affected by war, conflict, calamity, or disaster, especially for Israel, Palestine, Ukraine and Sudan, and all other places we now name, silently or aloud. May God grant us the spirit of respect and forbearance for all nations and peoples. *(Silence.)*

Lord, in thy mercy, **We beseech thee, hear our prayer.**

Intercessor: I bid your prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. *(Silence.)*

Lord, in thy mercy, We beseech thee, hear our prayer.

Intercessor: I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream, and for newcomers and visitors this morning, both near and far. [We give thanks especially on this day for _____.] And for [_____ and] all other thanksgivings we now name, silently or aloud.

May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in thy mercy, **We beseech thee, hear our prayer.**

Intercessor: I bid your prayers for all those in need, for the sick_____, and for all those suffering in mind, body, or estate; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked_____. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in thy mercy, We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the souls of the departed, especially_____ who have died in recent days, and those whose year's mind is at this time _____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, rest in peace and rise in glory. *(Silence.)*

Lord, in thy mercy, **We beseech thee, hear our prayer.**

Celebrant: Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. **Amen.**

INVITATION, CONFESSION AND ABSOLUTION

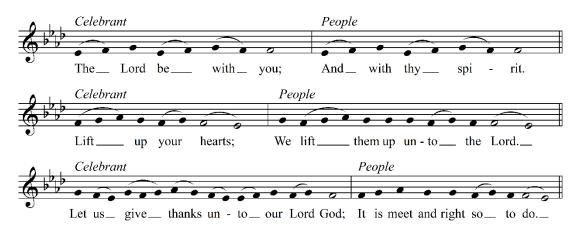
Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

EUCHARISTIC PRAYER



It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things. Through Jesus Christ our Lord, who, in substance of our mortal flesh, manifested forth his glory, that he might bring us out of darkness into his own marvellous light.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

SANCTUS & BENEDICTUS

Holy, Holy, Holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High. ♥ Blessed is he that cometh in the Name of the Lord. Hosanna in the highest. Sanctus, Sanctus, Sanctus, Dominus Deus Sabaoth: Pleni sunt caeli et terra gloria tua. Hosanna in excelsis. ♥ Benedictus qui venit in nomine Domini. Hosanna in excelsis.

The Celebrant continues,

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,



THE LORD'S PRAYER



FRACTION & PEACE

A period of silence is kept. The consecrated Bread is broken.



PRAYER OF HUMBLE ACCESS

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir alone sings:

AGNUS DEI

- O Lamb of God, that takest away the sin of the world, have mercy upon us.
- O Lamb of God, that takest away the sin of the world, have mercy upon us.
- O Lamb of God, that takest away the sin of the world, grant us thy peace.
- Agnus Dei, qui tollis peccata mundi, miserere nobis.
- Agnus Dei, qui tollis peccata mundi, miserere nobis.
- Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

The Celebrant turns to face the People and says,

INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sin of the world. Lord, I am not worthy that thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so. Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesu, hear me. Within thy wounds hide me. Suffer me not to be separated from thee. From the malicious enemy defend me. In the hour of my death call me. And bid me come to thee, That with thy saints I may praise thee, For ever and ever. Amen. The People sit as the Choir remains standing to sing the Motet.

MOTET 'O nata lux de lumine,' Thomas Tallis (c. 1505-1585)

O nata lux de lumine, Jesu redemptor saeculi, Dignare clemens supplicum Laudes preces que sumere. Qui carne quondam contegi Dignatus es pro perditis. Nos membra confer effici, Tui beati corporis.

O Light of light, by love inclined, Jesu, redeemer of mankind, With lovingkindness deign to hear From suppliant voices praise and prayer. Thou who to raise our souls from hell Didst deign in fleshly form to dwell, Vouchsafe us, when our race is run, In thy fair Body to be one.

(Office Hymn for Lauds on the Feast of the Transfiguration)

The People may sit or kneel for the hymn.

COMMUNION HYMN 90

The heavenly Child in stature grows

- 1 The heavenly Child in stature grows, / and, growing, learns to die; And still his early training shows / his coming agony.
- 2 The Son of God his glory hides / with parents mean and poor; And he, who made the heavens, abides / in dwelling-place obscure.
- 3 Those mighty hands that rule the sky, / no earthly toil refuse; The Maker of the stars on high / a humble trade pursues.
- 4 He, whom the choirs of angels praise, / bearing each dread decree, His earthly parents now obeys / in deep humility.
- 5 For this thy lowliness revealed, / Jesu, we thee adore; And praise to God the Father yield /and Spirit evermore.

TALLIS Thos. Tallis, 1567 Tr. from the Latin of Canon J.B. de Santeuil (1689) by Rev. J. Chandler The People kneel.

PRAYER AFTER COMMUNION

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the \blacksquare Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

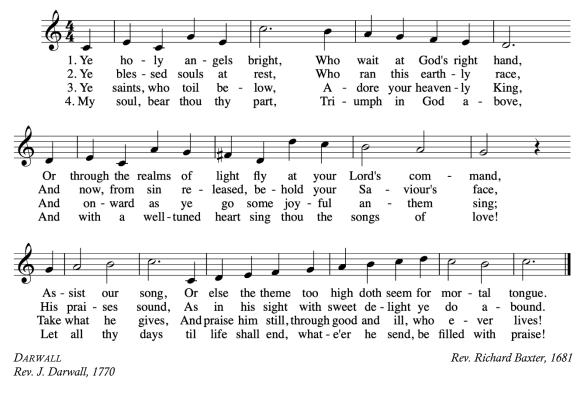
The People stand.

DISMISSAL

Go in peace to love and serve the Lord. **Thanks be to God.**

CONCLUDING HYMN 375

Ye holy angels bright



VOLUNTARY

Psalm Prelude, Set 2 No. 1, "De Profundis," Herbert Howells (1892-1983)

The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.

Coffee Hour follows this service in the Parish Hall.

The Altar flowers are given to the honour and glory of Almighty God:

Those at the High Altar in memory of Bobby Hitchman by her daughter Barbara, and family;

and

Those on the Lady altar are in memory of Jean Paul Napier, given by friends.

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DAILY OFFICE SCHEDULE

Morning Prayer and Evening Prayer services generally last 15-25 minutes and are a great way to begin and/or end the day!

MORNING PRAYER

8:30 am, Monday-Friday 9:30 am, Saturday 7:30 am, Sunday

EVENING PRAYER

5:00 pm, Monday-Friday 5:00 pm Sunday (Choral Evensong)

Choral Evensong on Sundays is followed by Eucharistic devotions.

DAILY MASS SCHEDULE

Sunday Low Mass 8:00 am Sung Mass 9:30 am High Mass 11:00 am

WEEKDAY LOW MASS

12:15 pm, Monday, Wednesday, Friday 5:30 pm Tuesday, Thursday 10:00 am Saturday

Saint Thomas's Anglican Church

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