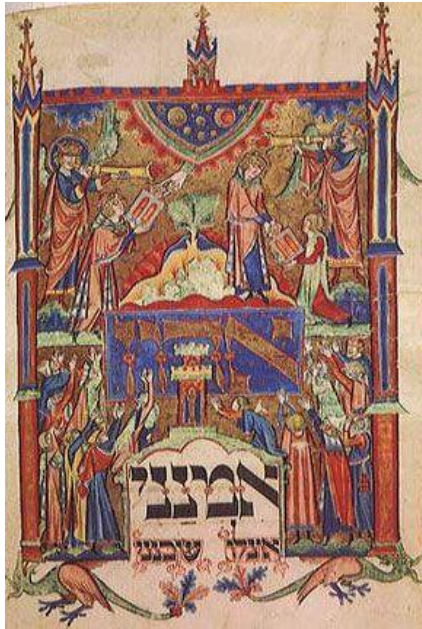


**Saint Thomas's Church**  
**The Sunday Called Sexagesima**  
**Sunday, February 12, 2023**  
**High Mass at 11 o'clock**



*Moses receiving the Ten Commandments,*  
from a Jewish prayer book written in medieval Germany, c. 1290 AD  
Saxon State Library, Germany

**Saint Thomas's Anglican Church**  
383 Huron Street,  
Toronto, Ontario M5S 2G5  
416-979-2323  
[www.stthomas.on.ca](http://www.stthomas.on.ca)   [office@stthomas.on.ca](mailto:office@stthomas.on.ca)

## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant:** Fr. Humphrey  
**Deacon & Homilist:** Fr. Ipema  
**Reader:** Phil Spencer  
**Interim Director of Music & Organist:** Elizabeth Anderson

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**MUSIC OF THE MASS**    Communion Service in F, William H. Harris (1883-1973)

*Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.*

**VOLUNTARY**                            ‘Méditation (Communion)’ from Suite Médiévale,  
Jean Langlais (1901-1990)

*The People stand as the choir enters the church during the prelude, sitting again when the choir sits.*

*At the sound of the bell, all stand for the entrance of the Sacred Ministers.*

**INTROIT:** Psalm 31.1-6, ant v.3

III. 5.



- Cantor*    3    BE THOU my strong rock and **house** of de-fence :  
*People*            that thou may-**est** save mē.
- 1    In thee, O Lord, **have** I put my trust : let me never be put to  
confusion; deliver me in **thy** righ<sup>^</sup>teous-nēss.
- Cantor*    2    Bow **down** thine<sup>^</sup>ear to me : make haste to **de**-liv<sup>^</sup>er mē,  
*People*    3    And be thou my strong rock and **house** of de-fence : that thou  
may-**est** save mē.
- Cantor*    4    For thou art my strong rock **and** my cas-tle : be thou also my guide,  
and lead me for **thy** Name's sākē.
- People*    5    Draw me out of the net that they have **hid**-den for me : for thou **art**  
my strēngth.
- Cantor*    6    Into thy hands I com-**mend** my spi-rit : for thou hast redeem-ed  
me, O Lord, **thou** God<sup>^</sup> of trūth.
- People*            Glory be to the Father, **and** to the Son : and to **the** Ho<sup>^</sup>ly Ghōst;  
*Cantor*            As it was in the beginning, is now, and **ev**-er shall be : world  
without **end**. A-mēn.

*People*     3    BE THOU my strong rock and **house** of de-fence : that thou  
may-**est** save mē.

*The People kneel.*

### **COLLECT FOR PURITY**

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*The Choir alone sings the Kyrie, the People kneeling.*

### **KYRIE ELEISON**

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.

*The People remain kneeling for the Collect.*

### **COLLECT OF THE DAY**

The Lord be with you.  
**And with thy spirit.**  
Let us pray.

O Lord God, who seest that we put not our trust in any thing that we do: Mercifully grant that by thy power we may be defended against all adversity; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. **Amen.**

*The People sit.*

## FIRST LESSON Sirach 15.15-20

The First Lesson is written in the fifteenth chapter of the book of Sirach, beginning at the fifteenth verse.

If you choose, you can keep the commandments, and to act faithfully is a matter of your own choice. He has placed before you fire and water; stretch out your hand for whichever you choose. Before each person are life and death, and whichever one chooses will be given. For great is the wisdom of the Lord; he is mighty in power and sees everything; his eyes are on those who fear him, and he knows every human action. He has not commanded anyone to be wicked, and he has not given anyone permission to sin.

The word of the Lord.

**Thanks be to God.**

*The People remain seated for the Psalm.*

## PSALM 119 Pt 1

*Beati immaculati*

III. 4



- Cantor* 1 BLESS-ED are those that are unde-**fi**-led<sup>^</sup> in the way :  
*People* and walk in the law **of** the Lord.
- 2 Bless-ed are they that keep his **tes**-ti-mo-nies : and seek him with  
**their** whole heart;
- Cantor* 3 Even they that **do** no<sup>^</sup>wick-ed-ness : but walk **in** his ways.
- People* 4 Thou hast ordain-**ed** thy pre-cepts : that we should diligent-**ly** keep  
them.
- Cantor* 5 O that my ways were **made** so di-rect : that I might keep **thy** sta-tutes!
- People* 6 So shall I not **be** con-found-ed : while I have respect unto all  
thy **com**-mand-ments.
- Cantor* 7 I will thank thee with **an** un<sup>^</sup>feign-ed heart : when I shall have  
learn-ed the judgements of **thy** righ-teous<sup>^</sup>-ness.
- People* 8 I will **keep** thy sta-tutes : O forsake me **not** ut-ter<sup>^</sup>ly.

## THE EPISTLE 1 Corinthians 3.1-9

The Epistle is written in the third chapter of St Paul's First Epistle to the Corinthians, beginning at the first verse.

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, 'I belong to Paul', and another, 'I belong to Apollos', are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

The word of the Lord.

**Thanks be to God.**

*The People stand.*

## GOSPEL ACCLAMATION

*Cantor* Al - le - lu - ia. *People* \* Al - le - lu - ia. *Tone VI*

*Cantor* BLESS-ED is our Father, Lord of heaven **and** earth : who has reveal-ed these things **to** thè sim-ple.

*People* \* Alleluia.

## THE HOLY GOSPEL Matthew 5.21-37

The Lord be with you.

**And with thy spirit.**

The Holy Gospel is written in the fifth chapter of the Gospel according to Saint Matthew, beginning at the twenty-first verse.

**Glory be to thee, O Lord.**

Jesus said, ‘You have heard that it was said to those of ancient times, “You shall not murder”; and “whoever murders shall be liable to judgement.” But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, “You fool”, you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

‘You have heard that it was said, “You shall not commit adultery.” But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

‘It was also said, “Whoever divorces his wife, let him give her a certificate of divorce.” But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

‘Again, you have heard that it was said to those of ancient times, “You shall not swear falsely, but carry out the vows you have made to the Lord.” But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King.

And do not swear by your head, for you cannot make one hair white or black. Let your word be “Yes, Yes” or “No, No”; anything more than this comes from the evil one.’

The Gospel of Christ.

**Praise be to thee, O Christ.**

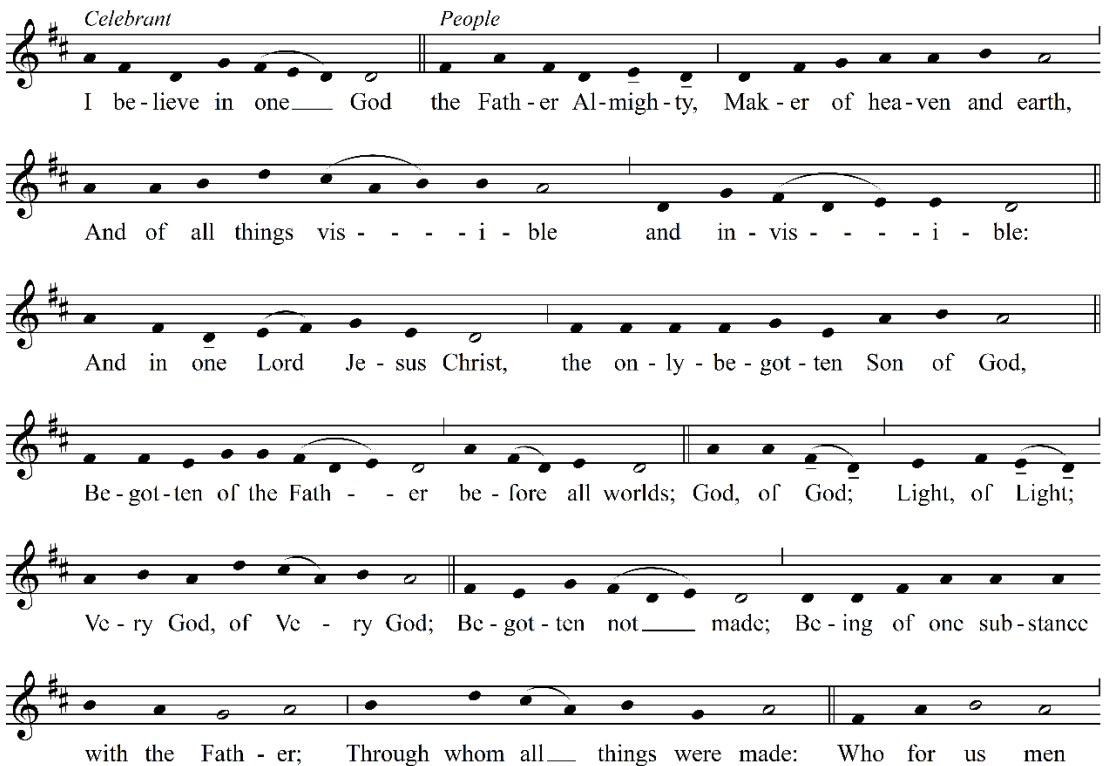
*The People sit at the invitation of the Preacher.*

## SERMON

*The People stand to sing the Creed. All who are able to kneel, please do so at “and was incarnate,” rising after “and was made man.”*

## THE NICENE CREED

*Missa de Angelis*



*Celebrant*                      *People*

I be-lieve in one\_\_\_ God the Fath-er Al-migh-ty, Mak-er of hea-ven and earth,

And of all things vis - - - i - ble and in - vis - - - i - ble:

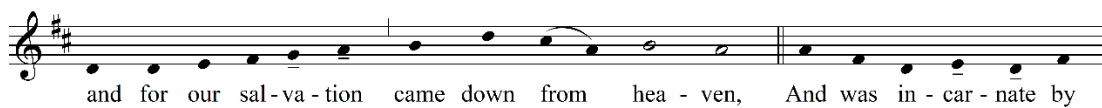
And in one Lord Je - sus Christ, the on - ly - be - got - ten Son of God,

Be - got - ten of the Fath - - er be - fore all worlds; God, of God; Light, of Light;

Ve - ry God, of Ve - ry God; Be - got - ten not\_\_\_ made; Be - ing of one sub - stance

with the Fath - er; Through whom all\_\_\_ things were made: Who for us men






and for our sal - va - tion came down from hea - ven, And was in - car - nate by



the Ho - ly Ghost of the Vir - gin Ma - ry, And was made man,



And was cru - - ci - fi - ed al - so for us un - der Pon - tius Pi - late.



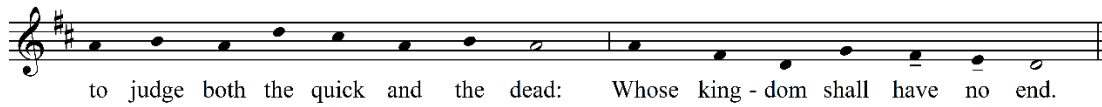
He suf - fer - ed and was bu - - - ri - ed, And the third day he rose a - gain



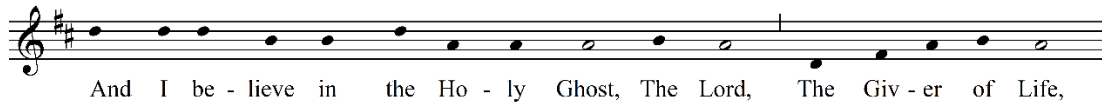
ac - cord - ing to the Scrip - tures, And as - cend - ed in - to hea - - - ven,



And sit - teth on the right hand of the Fath - er. And he shall come a - gain with glo - ry



to judge both the quick and the dead: Whose king - dom shall have no end.



And I be - lieve in the Ho - ly Ghost, The Lord, The Giv - er of Life,



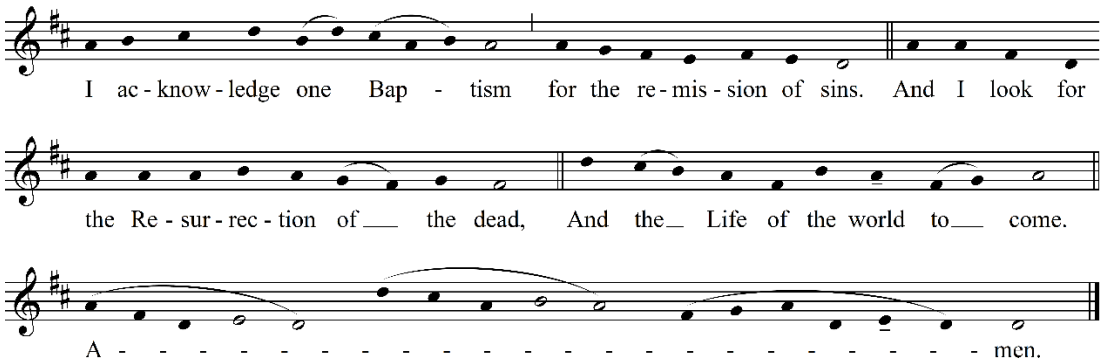
Who pro - ceed - eth from the Fath - er and the Son, Who with the Fath - er and the Son



to - geth - er is wor - ship - ped and glo - ri - fi - ed, Who spake by the Pro - - phets.



And I be - lieve One, Ho - ly, Cath - o - lic, and A - po - sto - lic Church.



I ac-know-ledge one Bap - tism for the re-mis - sion of sins. And I look for  
the Re - sur - rec - tion of the dead, And the Life of the world to come.  
A - - - - - men.

**OFFERTORY SENTENCE**

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

*The People remain standing for the hymn.*

**OFFERTORY HYMN 516 – God moves in a mysterious way**

- 1 God moves in a mysterious way  
His wonders to perform;  
He plants his footsteps in the sea,  
And rides upon the storm.
  
- 2 Deep in unfathomable mines  
Of never-failing skill  
He treasures up his bright designs,  
And works his sovereign will.
  
- 3 Ye fearful saints, fresh courage take;  
The clouds ye so much dread  
Are big with mercy, and shall break  
In blessings on your head.
  
- 4 Judge not the Lord by feeble sense,  
But trust him for his grace;  
Behind a frowning providence  
He hides a smiling face.

5 His purposes will ripen fast,  
Unfolding every hour;  
The bud may have a bitter taste,  
But sweet will be the flower.

6 Blind unbelief is sure to err,  
And scan his work in vain;  
God is his own interpreter,  
And he will make it plain.

LONDON NEW  
Psalmes, Edinburgh, 1635

William Cowper, 1774

*The People remain standing as the thurifer approaches for the censuring.*

### PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

*The People kneel.*

### INTERCESSIONS

*Celebrant:* Dear friends in Christ, let us pray for the Church and for the world.

*Intercessor:* I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan prayer cycle, and for all who serve and minister to God's people. (*Silence.*)

The musical notation is on a single treble clef staff. It is divided into two parts by a double bar line. The first part is labeled 'Intercessor' and contains the notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (half). The second part is labeled 'People' and contains the notes: G4 (quarter), A4 (quarter), B4 (quarter), C5 (half), B4 (quarter), A4 (quarter), G4 (quarter).

Lord, in thy mer - cy, we be - seech thee, hear our prayer.

*Intercessor:* I bid your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. *(Silence.)*

Lord, in thy mercy,

**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud \_\_\_\_\_ [We give thanks especially for \_\_\_\_\_.] May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in thy mercy,

**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all those in need, for the sick \_\_\_\_\_, and all those suffering in mind, body, or estate; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked \_\_\_\_\_. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in thy mercy,

**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the souls of the departed, especially \_\_\_\_\_ who have died in recent days, and those whose year's mind is at this time \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. *(Silence.)*

Lord, in thy mercy,

**We beseech thee, hear our prayer.**

*Celebrant:* Almighty God, to whom our needs are known before we ask: Help us to ask only that which is in accordance with thy will; and those good things which we dare not, or in our blindness we cannot ask, grant us for the sake of thy Son Jesus Christ our Lord. **Amen.**

## INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

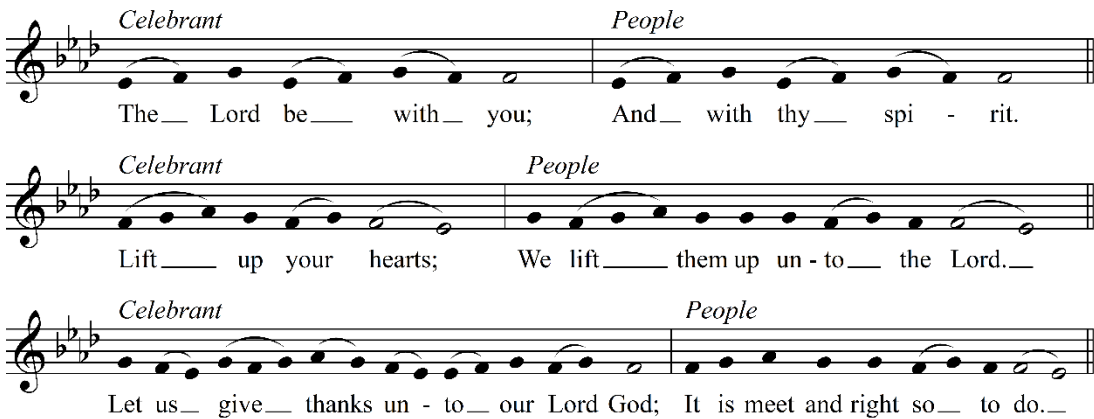
**Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*The Celebrant alone stands to impart the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The People remain kneeling.*

## **EUCCHARISTIC PRAYER**



*Celebrant* *People*  
The\_\_ Lord be\_\_ with\_\_ you; And\_\_ with thy\_\_ spi - rit.

*Celebrant* *People*  
Lift\_\_\_ up your hearts; We lift\_\_\_ them up un - to\_\_ the Lord.\_\_

*Celebrant* *People*  
Let us\_\_ give\_\_ thanks un - to\_\_ our Lord God; It is meet and right so\_\_ to do.\_\_

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who by water and the Holy Spirit hast made us a holy people in Jesus Christ our Lord; thou dost renew that mystery in bread and wine and nourish us, to show forth thy glory in all the world.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Choir alone sings:*

## **SANCTUS & BENEDICTUS**

Holy, Holy, Holy,  
Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
✠ Blessed is he that cometh  
in the Name of the Lord.  
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,  
Dominus Deus Sabaoth:  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
✠ Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

*The Celebrant continues,*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.


Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,

The musical notation is written on a single staff in G major (one sharp) and 4/4 time. It is divided into two parts: 'Celebrant' and 'People'. The 'Celebrant' part consists of a series of quarter notes: O, Fa, - ther, al, - might, - ty, world, with, - out, end. The 'People' part consists of a half note: A - men. The lyrics are placed below the notes.

# THE LORD'S PRAYER


*Music by John Merbecke*

*Celebrant*




And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:


*People*



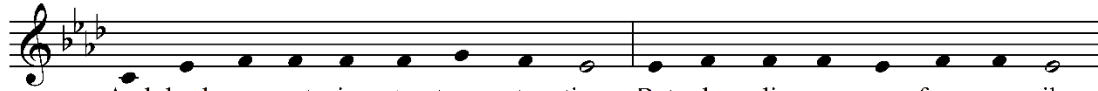
Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,



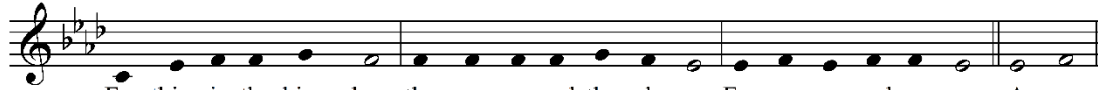
Thy will be done, on earth, as it is in heav'n. Give us this day our dai - ly bread;



and for - give us our tres-pass-es, As we for - give them that tres-pass a - gainst us;



And lead us not in - to temp - ta - tion, But de - li - ver us from ev - il.



For thine is the king-dom, the pow-er and the glo-ry, For ev - er and ev - er. A-men.

# FRACTION & PEACE

*The consecrated Bread is broken.*

*Celebrant*



The peace of the Lord be al-ways with you.

*People*



And with thy spi - rit.



## PRAYER OF HUMBLE ACCESS

*All who intend to receive Holy Communion pray together:*

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The Choir alone sings:*

## AGNUS DEI

O Lamb of God, that takest away the sins of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sins of the world, have mercy upon us.	Agnus Dei, qui tollis peccata mundi, miserere nobis.
O Lamb of God, that takest away the sins of the world, grant us thy peace.	Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*The Celebrant turns to face the People and says,*

## INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sins of the world.

**Lord, I am not worthy that thou shouldst come under my roof, but speak the word only, and my soul shall be healed.**

## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## **COMMUNION DEVOTIONS**

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

## **ANIMA CHRISTI**

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

## MOTET

'Ubi caritas et amor,' Maurice Duruflé (1902-1986)

Ubi caritas et amor, Deus ibi est. Congregavit nos in unum Christi amor.  
Exsulemus, et in ipso jucundemur. Timeamus, et amemus Deum vivum. Et ex  
corde diligamus nos sincero. Ubi caritas et amor, Deus ibi est. Amen.

Where charity and love are, there is God. The love of Christ has gathered us  
together. Let us rejoice in Him and be glad. Let us fear and love the living God.  
And let us love one another with a sincere heart. Amen.

(Antiphon for The Washing of Feet, Maundy, Maundy Thursday)

*The People may sit or kneel for the hymn.*

## COMMUNION HYMN 562 – Eternal Ruler of the ceaseless round

- 1 Eternal Ruler of the ceaseless round  
Of circling planets singing on their way;  
Guide of the nations from the night profound  
Into the glory of the perfect day;  
Rule in our hearts, that we may ever be  
Guided and strengthened and upheld by thee.
- 2 We are of thee, the children of thy love,  
The brothers of thy well-belovèd Son;  
Descend, O Holy Spirit, like a dove  
Into our hearts, that we may be as one:  
As one with thee, to whom we ever tend;  
As one with him, our Brother and our Friend.
- 3 We would be one in hatred of all wrong,  
One in our love of all things sweet and fair,  
One with the joy that breaketh into song,  
One with the grief that trembleth into prayer,  
One in the power that makes the children free  
To follow truth, and thus to follow thee.

4 O clothe us with thy heavenly armour, Lord,  
Thy trusty shield, thy sword of love divine;  
Our inspiration be thy constant word;  
We ask no victories that are not thine:  
Give or withhold, let pain or pleasure be;  
Enough to know that we are serving thee.

*SONG I*  
*Orlando Gibbons, 1623*

*Rev. John White Chadwick, 1864*

*The People kneel.*

### **PRAYER AFTER COMMUNION**

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

### **BLESSING**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

*The People stand.*

**DISMISSAL**

Go in peace to love and serve the Lord

**Thanks be to God.**

**CONCLUDING HYMN 3** – New every morning is the love

- 1 New every morning is the love  
Our wakening and uprising prove;  
Through sleep and darkness safely brought,  
Restored to life, and power, and thought.
- 2 New mercies, each returning day,  
Hover around us while we pray;  
New perils past, new sins forgiven,  
New thoughts of God, new hopes of heaven.
- 3 If on our daily course our mind  
Be set to hallow all we find,  
New treasures still of countless price,  
God will provide for sacrifice.
- 4 Old friends, old scenes will lovelier be,  
As more of heaven in each we see;  
Some softening gleam of love and prayer  
Shall dawn on every cross and care.
- 5 The trivial round, the common task,  
Will furnish all we ought to ask,  
Room to deny ourselves, a road  
To bring us daily nearer God.

6 Only, O Lord, in thy dear love  
Fit us for perfect rest above;  
And help us, this and every day,  
To live more nearly as we pray.

*MELCOMBE*  
*S. Webbe, 1782*

*Rev. John Keble, 1822*

**VOLUNTARY** Prelude, Fugue and Chaconne, Dietrich Buxtehude (1637-1707)

*The Altar flowers are given to the honour and glory of Almighty God:  
Those at the High Altar in loving memory of Francis Burk Sutton, by his family.  
and  
Those on the Lady Altar are in loving memory of Jean and Doug Creighton  
by Dan and Jeff Josselyn-Creighton.*

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## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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