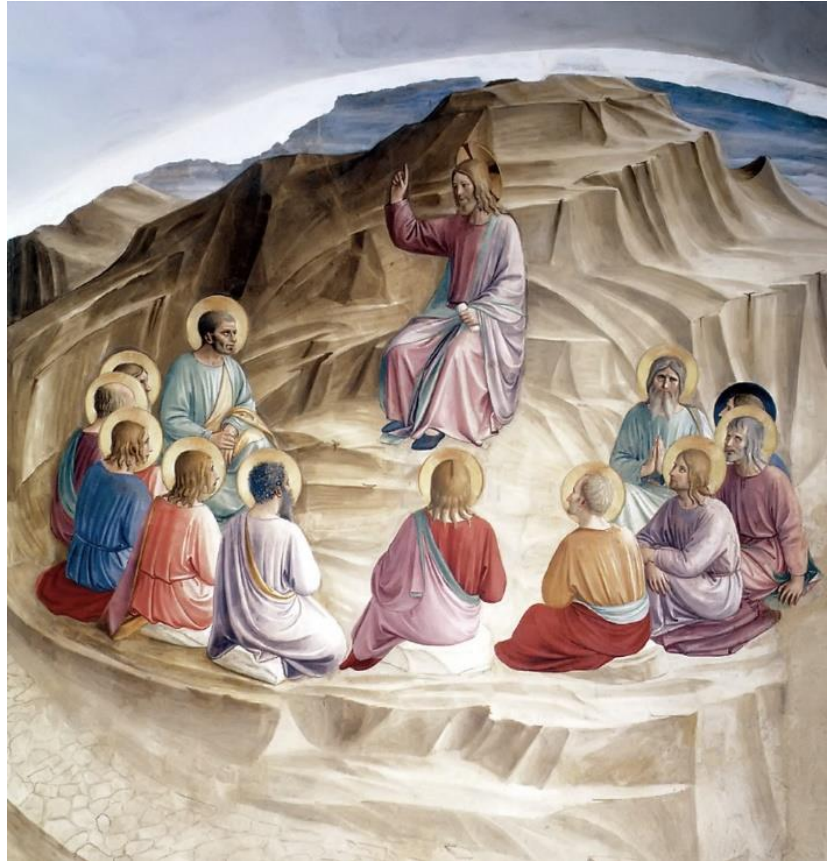


Saint Thomas's Church
The Fourth Sunday After Epiphany

Sunday, January 29, 2023

High Mass at 11 o'clock



Il sermone della montagna, di Beato Angelico, c. 1438
Museo di San Marco, Firenze, Italia

Saint Thomas's Anglican Church
383 Huron Street,
Toronto, Ontario M5S 2G5
416-979-2323
www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.

The Altar flowers are given to the honour and glory of Almighty God:

Those on the High Altar in memory of Lilly and Neilson Swan.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit qrco.de/smokythoms. Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

Celebrant: Fr. Humphrey
Deacon & Homilist: Fr. Shire
Reader: Earl Barnsley
Interim Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS: Missa 'Corde natus ex parentis,' *Healey Willan (1888-1968)*

Throughout this booklet, the People match the pitch of the Minister on the underlined syllable.

VOLUNTARY: Chorale Prelude on a Melody by Orlando Gibbons, *Healey Willan (1888-1968)*

The People stand as the choir enters the church during the prelude, sitting again when the choir sits.

At the sound of the bell, all stand for the entrance of the Sacred Ministers.

INTROIT: Psalm 105.1-7, ant v.1

VII. 7.



- Cantor* 1 O GIVE thanks unto the Lord, and **call** up-on[^]his Name :
- People* tell the peoples what **things** he hath done.
- 2 O let your songs be of **him** and praise him : and let your talking be of **all** his won[^]drous works.
- Cantor* 3 Re-**joyce** in[^]his ho[^]ly Name : let the heart of them re-**joyce** that seek[^]the Lord.
- People* 4 Seek the **Lord** and his strength : seek his **face** ev-er-more.
- Cantor* 5 Remember the marvellous **works** that he[^]hath done : his wonders, and the **judge**-ments of[^]his mouth;
- People* 6 O ye seed of Abra-**ham** his ser-vant : ye children of Ja-**cob**, his cho-sen.
- Cantor* 7 He **is** the Lord[^]our God : his judgements **are** in all[^]the world.
- People* Glory be to the **Fa**-ther[^]and to[^]the Son : and **to** the Ho[^]ly Ghost;
- Cantor* As it was in the beginning, is now, and **ev**-er shall be : world with-**out** end. A-men.
- People* O GIVE thanks unto the Lord, and **call** up-on[^]his Name : tell the peoples what **things** he hath done.

The People kneel.

COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

The Choir alone sings the Kyrie, the People kneeling.

KYRIE ELEISON

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Kyrie Eleison.
Christe Eleison.
Kyrie Eleison.

The People stand.

GLORIA IN EXCELSIS DEO

Missa de Angelis

Celebrant *People*

Glo-ry be to God on high, and in earth peace, good will to - wards men. We praise thee,
we bless___ thee, we wor - ship thee, we glo-ri - fy___ thee, we give thanks to___ thee
for thy great glo - ry, O Lord God hea-ven-ly King, God the Fath - er___ Al - migh - ty.
O Lord, the on-ly-be-got-ten Son, Je - su___ Christ; O Lord God,___ Lamb of God,
Son of the___ Fath - - - er, that tak - est a - way the sin of the world,___

have mer - cy up - on us. Thou that tak - est a - way the sin of the world,
re - ceive our _____ prayer. Thou that sit - test at the right hand of God the Fath - er,
have mer - cy up - on us. For thou on - ly art_ ho - ly; thou on - ly_ art the Lord;
thou on - ly, O Christ, with the Ho - ly Ghost, art _____ most _____ high
in the glo - ry of God the Fath - - - er. A _____ men. _____

The People kneel for the Collect.

COLLECT OF THE DAY

The Lord be with you.

And with thy spirit.

Let us pray.

O God, who knowest us to be set in the midst of so many and great dangers, that by reason of the frailty of our nature we cannot always stand upright: Grant to us such strength and protection, as may support us in all dangers, and carry us through all temptations; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end. **Amen.**

The People sit.

FIRST LESSON: Micah 6.1-8

The First Lesson is written in the sixth chapter of the book of the prophet Micah, beginning at the first verse.

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. 'O my people, what have I done to you? In what have I wearied

you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.' 'With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt-offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with tens of thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?' He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

The word of the Lord.

Thanks be to God.

The People remain seated for the Psalm.

PSALM 15

Domine, quis habitabit
IV. 4.



Cantor 1 LORD, WHO shall dwell in thy **tab**-er-na-cle? :

People or who shall rest **up**-on thy ho-ly[^]hill?

2 Even he that leadeth an uncorrupt life, and doeth the thing **which** is right :
and speaketh **the** truth from his heart.

Cantor 3 He that hath us-ed no deceit in his tongue, nor done evil **to** his neigh-bour :
and hath not slan-**der**-ed his neigh-bour.

People 4 He in whose eyes an ungodly man **is** des-pis-ed : but he maketh much **of**
them that fear the[^]Lord.

Cantor 5 He that sweareth unto his neighbour, and disappoint-**eth** him not : though it
were to **his** öwn hin-drance.

People 6 He that hath not given his money **up**-on u-su[^]ry : nor taken a bribe **a**-gainst
the in-no[^]cent.

Cantor 7 Whoso do-**eth** these things :

People (- -) shall ne-ver[^]fall.

THE EPISTLE: 1 Corinthians 1.18-31

The Epistle is written in in the first chapter of St. Paul's first epistle to the Corinthians, beginning at the eighteenth verse.

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, 'I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.' Where is the one who is wise?

Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, 'Let the one who boasts, boast in the Lord.'

The word of the Lord.
Thanks be to God.

The People stand.

GOSPEL ACCLAMATION

Cantor *People*

Al - le - lu - ia. * Al - le - lu - ia. _____

Tone VI

Cantor RE-JOICE and **be** glad : for your reward is **great** in heav-en.
People * Alleluia.

THE HOLY GOSPEL: Matthew 5.1-12

The Lord be with you.

And with thy spirit.

The Holy Gospel is written in the fifth chapter of the Gospel according to Saint Matthew, beginning at the first verse.

Glory be to thee, O Lord.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: 'Blessed are the poor in spirit, for theirs is the kingdom of heaven.

'Blessed are those who mourn, for they will be comforted.
 'Blessed are the meek, for they will inherit the earth.
 'Blessed are those who hunger and thirst for righteousness, for they will be filled.
 'Blessed are the merciful, for they will receive mercy.
 'Blessed are the pure in heart, for they will see God.
 'Blessed are the peacemakers, for they will be called children of God.
 'Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.
 'Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

The Gospel of Christ.
Praise be to thee, O Christ.

The People sit at the invitation of the Preacher.

SERMON

The People stand to sing the Creed. All who are able to kneel, please do so at "and was incarnate," rising after "and was made man."

THE NICENE CREED

Missa de Angelis

The musical score is written for two parts: Celebrant and People. It features five staves of music in a G major key (one sharp). The lyrics are written below the notes, with hyphens indicating syllables that span across notes. The lyrics are:

I be-lieve in one God the Fath-er Al-migh-ty, Mak-er of hea-ven and earth,
 And of all things vis - - - i - ble and in - vis - - - i - ble:
 And in one Lord Je - sus Christ, the on - ly - be - got - ten Son of God,
 Be - got - ten of the Fath - - er be - fore all worlds; God, of God; Light, of Light;
 Ve - ry God, of Ve - ry God; Be - got - ten not made; Be - ing of one sub - stance

with the Fath - er; Through whom all things were made: Who for us men
and for our sal - va - tion came down from hea - ven, And was in - car - nate by
the Ho - ly Ghost of the Vir - gin Ma - ry, And was made man,
And was cru - - ci - fi - ed al - so for us un - der Pon - tius Pi - late.
He suf - fer - ed and was bu - - - ri - ed, And the third day he rose a - gain
ac - cord - ing to the Scrip - tures, And as - cend - ed in - to hea - - - ven,
And sit - teth on the right hand of the Fath - er. And he shall come a - gain with glo - ry
to judge both the quick and the dead: Whose king - dom shall have no end.
And I be - lieve in the Ho - ly Ghost, The Lord, The Giv - er of Life,
Who pro - ceed - eth from the Fath - er and the Son, Who with the Fath - er and the Son
to - geth - er is wor - ship - ped and glo - ri - fi - ed, Who spake by the Pro - - phets.
And I be - lieve One, Ho - ly, Cath - o - lic, and A - po - sto - lic Church.

I ac-know-ledge one Bap - tism for the re-mis - sion of sins. And I look for
the Re - sur - rec - tion of ___ the dead, And the ___ Life of the world to ___ come.
A - - - - - men.

OFFERTORY SENTENCE

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

The People remain standing for the hymn.

OFFERTORY HYMN 374 – Ye boundless realms of joy

- 1 Ye boundless realms of joy,
Exalt your Maker's fame,
His praise your song employ
Above the starry frame;
Your voices raise,
Ye cherubim
And seraphim,
To sing his praise.

- 2 Thou moon, that rul'st the night,
And sun, that guid'st the day,
Ye glittering stars of light,
To him your homage pay.
His praise declare,
Ye heavens above,
And clouds that move
In liquid air.

3 Let them adore the Lord,
And praise his holy Name,
By whose almighty word
They all from nothing came;
And all shall last
From changes free;
His firm decree
Stands ever fast.

4 United zeal be shown
His wondrous fame to raise,
Whose glorious Name alone
Deserves our endless praise.
Earth's utmost ends
His power obey:
His glorious sway
The sky transcends.

*CROFT'S 136TH
Dr William Croft, 1709*

Tate and Brady, 1696

The People remain standing as the thurifer approaches for the censuring.

PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

The People kneel.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the Church and for the world.

Intercessor: I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for _____ according to the Anglican cycle of prayer, for _____ according to the Diocesan prayer cycle, and for all who serve and minister to God's people. (*Silence.*)



Intercessor *People*

Lord, in thy mer - cy, we be - seech thee, hear our prayer.

Intercessor: I bid your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. (*Silence.*)

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud _____ [We give thanks especially for_____.] May God's abiding presence be with us always, that we may be a blessing to all people. (*Silence.*)

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for all those in need, for the sick_____, and all those suffering in mind, body, or estate; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked_____. May God grant that they will be comforted by the ever-present love of our Lord. (*Silence.*)

Lord, in thy mercy,
We beseech thee, hear our prayer.

Intercessor: I bid your prayers for the souls of the departed, especially_____ who have died in recent days, and those whose year's mind is at this time _____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. (*Silence.*)

Lord, in thy mercy,
We beseech thee, hear our prayer.

Celebrant: Hasten, O Father, the coming of thy kingdom; and grant that we thy servants, who now live by faith, may with joy behold thy Son at his coming in glorious majesty; even Jesus Christ, our only Mediator and Advocate. **Amen.**

INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Celebrant alone stands to impart the Absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

The People remain kneeling.

EUCCHARISTIC PRAYER



Celebrant *People*

The Lord be with you; And with thy spirit.



Celebrant *People*

Lift up your hearts; We lift them up unto the Lord.



Celebrant *People*

Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through Jesus Christ our Lord; who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

The Choir alone sings:

SANCTUS & BENEDICTUS

Holy, Holy, Holy,
Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
† Blessed is he that cometh
in the Name of the Lord.
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,
Dominus Deus Sabaoth:
Pleni sunt caeli et terra gloria tua.
Hosanna in excelsis.
† Benedictus qui venit
in nomine Domini.
Hosanna in excelsis.

The Celebrant continues,

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make

before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,

Celebrant *People*

O Fa - ther al - might - ty, world with - out ___ end. A - men. ___

THE LORD'S PRAYER

Music by John Merbecke

Celebrant

And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:

People

Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,
 Thy will be done, on earth, as it is in heav'n. Give us this day our dai - ly bread;
 and for - give us our tres - pass - es, As we for - give them that tres - pass a - gainst us;
 And lead us not in - to temp - ta - tion, But de - li - ver us from ev - il.
 For thine is the king - dom, the pow - er and the glo - ry, For ev - er and ev - er. A - men.

FRACTION & PEACE

The consecrated Bread is broken.

Celebrant *People*

The peace of the Lord be al-ways with you. And with thy spi - rit.

PRAYER OF HUMBLE ACCESS

All who intend to receive Holy Communion pray together:

We do not presume

to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.

The Choir alone sings:

AGNUS DEI

O Lamb of God, that takest away the sins
of the world, have mercy upon us.

O Lamb of God, that takest away the sins
of the world, have mercy upon us.

O Lamb of God, that takest away the sins
of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi,
miserere nobis.

Agnus Dei, qui tollis peccata mundi,
miserere nobis.

Agnus Dei, qui tollis peccata mundi,
dona nobis pacem.

The Celebrant turns to face the People and says,

INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sins of the world.

Lord, I am not worthy that thou shouldest come under my roof, but speak the word only, and my soul shall be healed.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

MOTET: 'O sacrum convivium,' *Olivier Messiaen (1908-1992)*

O sacrum convivium! In quo Christus sumitur: recolitur memoria passionis ejus: mens impletur gratia: et futurae gloriae nobis pignus datur. Alleluia.

O sacred feast, wherein Christ is received, the memory of His Passion is renewed in us, our souls are filled with grace, and the pledge of everlasting glory is given unto us. Alleluia.

The People may sit or kneel for the hymn.

COMMUNION HYMN 493 – Jesu, the very thought of thee

- 1 Jesu, the very thought of thee
With sweetness fills the breast;
But sweeter far thy face to see,
And in thy presence rest.
- 2 No voice can sing, no heart can frame,
Nor can the memory find
A sweeter sound than Jesus' Name,
The Saviour of mankind.
- 3 O hope of every contrite heart,
O joy of all the meek,
To those who ask how kind thou art,
How good to those who seek!
- 4 But what to those who find? Ah! this
Nor tongue nor pen can show;
The love of Jesus, what it is
None but his loved ones know.
- 5 Jesu, our only joy be thou,
As thou our prize wilt be;
In thee be all our glory now,
And through eternity.

S^r BOTOLPH
Gordon Slater, 1930

Tr. (1849) from the Latin of St Bernard of Clairvaux (12th cent.)
by Rev. E. Caswall

The People kneel.

PRAYER AFTER COMMUNION

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end.

Amen.

BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

The People stand.

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

CONCLUDING HYMN 248 – Strengthen for service, Lord, the hands

- 1 Strengthen for service, Lord, the hands
That holy things have taken;
Let ears that now have heard thy songs
To clamour never waken.
- 2 Lord, may the tongues which 'Holy' sang
Keep free from all deceiving;
The eyes which saw thy love be bright,
Thy blessed hope perceiving.

3 The feet that tread thy holy courts
From light do thou not banish;
The bodies by thy Body fed
With thy new life replenish.

ACH GOTT UND HERR
Melody by C. Peter, c. 1655
Adapted and harmonized by J.S. Bach

Liturgy of Malabar

The people may be seated. Please maintain an atmosphere of reverent silence during and after the Voluntary.

VOLUNTARY: Processional, *William Mathias (1934-1992)*