

**Saint Thomas's Church**  
**The Eighth Sunday After Trinity**  
**Sunday, July 30, 2023**  
**High Mass at 10:30 am**



Parable of the hidden treasure, Rembrandt Harmenszoon van Rijn, c. 1630  
Esterházy Palace, Budapest, Hungary

**Saint Thomas's Anglican Church**  
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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

*Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.*

*The Altar flowers are given to the honour and glory of Almighty God:*

*Those at the High Altar in loving memory of Vicki Mazur (née Postulka) given by her daughter Yvonne and her family Matthew, Leocadia, and Isaac.*



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytoms](http://qrco.de/smokytoms). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant & Homilist:** Fr. James Shire  
**Reader:** John Stuart  
**Director of Music:** Elizabeth Anderson  
**Assistant Director of Music:** Manuel Piazza

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**MUSIC OF THE MASS**

Missa Brevis II, Frank Nakashima (b. 1951)

**VOLUNTARY**

Adagio from Symphony No. 6, Opus 42 No 2,  
Charles Marie Widor (1844-1937)

**ENTRANCE Hymn 568** – Be thou my Vision

- 1 Be thou my Vision,  
O Lord of my heart;  
Naught be all else to me,  
Save that thou art,  
Thou my best thought,  
By day or by night,  
Waking or sleeping,  
Thy presence my light.
- 2 Be thou my Wisdom,  
Thou my true Word;  
I ever with thee,  
Thou with me, Lord;  
Thou my great Father,  
I thy true son;  
Thou in me dwelling,  
And I with thee one.
- 3 Be thou my battleshield,  
Sword for the fight;  
Be thou my dignity,  
Thou my delight,  
Thou my soul's shelter,  
Thou my high tower:  
Raise thou me heavenward,  
O Power of my power.

- 4 Riches I heed not,  
Nor man's empty praise,  
Thou mine inheritance,  
Now and always:  
Thou and thou only,  
First in my heart,  
High King of heaven,  
My treasure thou art.
- 5 High King of heaven,  
After victory won,  
May I reach heaven's joys,  
O bright heav'n's Sun!  
Heart of my own heart,  
Whatever befall,  
Still be my Vision,  
O Ruler of all.

*SLANE*  
*Adapted from a traditional Irish Melody*

*Ancient Irish, Tr by Mary Byrne*

*The People kneel.*

### **COLLECT FOR PURITY**

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*The Choir alone sings the Kyrie.*

### **KYRIE ELEISON**

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.



*The People remain standing for the Collect.*

## **COLLECT OF THE DAY**

The Lord be with you.

**And with thy spirit.**

Let us pray.

O God, whose never-failing providence ordereth all things both in heaven and earth: We humbly beseech thee to put away from us all hurtful things, and to give us those things which be profitable for us; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, world without end.

**Amen.**

*The People sit.*

## **FIRST LESSON 1 Kings 3.5-12**

The First Lesson is written in the third chapter of the first book of the Kings, beginning at the fifth verse.

At Gibeon the Lord appeared to Solomon in a dream by night; and God said, 'Ask what I should give you.' And Solomon said, 'You have shown great and steadfast love to your servant my father David, because he walked before you in faithfulness, in righteousness, and in uprightness of heart towards you; and you have kept for him this great and steadfast love, and have given him a son to sit on his throne today. And now, O Lord my God, you have made your servant king in place of my father David, although I am only a little child; I do not know how to go out or come in. And your servant is in the midst of the people whom you have chosen, a great people, so numerous they cannot be numbered or counted. Give your servant therefore an understanding mind to govern your people, able to discern between good and evil; for who can govern this your great people?' It pleased the Lord that Solomon had asked this. God said to him, 'Because you have asked this, and have not asked for yourself long life or riches, or for the life of your enemies, but have asked for yourself understanding to discern what is right, I now do according to your word. Indeed I give you a wise and discerning mind; no one like you has been before you and no one like you shall arise after you.

The word of the Lord.

**Thanks be to God.**

*The People remain seated for the Psalm.*

**PSALM 105.1-11**

*Confitemini Domino*

VII. 7.



- |               |    |   |
|---------------|----|---|
| <i>Cantor</i> | 1  | O GIVE thanks unto the Lord, and <b>call</b> up-on <sup>h</sup> his Name :                            |
| <i>People</i> |    | tell the peoples what <b>things</b> he hath done.   |
|               | 2  | O let your songs be of <b>him</b> and praise him :  |
|               |    | and let your talking be of <b>all</b> his won <sup>d</sup> rous works.                                |
| <i>Cantor</i> | 3  | Re- <b>joyce</b> in <sup>h</sup> his ho <sup>l</sup> y Name :   |
|               |    | let the heart of them re- <b>joyce</b> that seek <sup>h</sup> the Lord.                               |
| <i>People</i> | 4  | Seek the <b>Lord</b> and his strength : seek his <b>face</b> ev-er-more.                              |
| <i>Cantor</i> | 5  | Remember the marvellous <b>works</b> that he <sup>h</sup> hath done :                                 |
|               |    | his wonders, and the <b>judge</b> -ments of <sup>h</sup> his mouth;                                   |
| <i>People</i> | 6  | O ye seed of Abra- <b>ham</b> his ser-vant :  |
|               |    | ye children of Ja- <b>cob</b> , his cho-sen.  |
| <i>Cantor</i> | 7  | He <b>is</b> the Lord <sup>h</sup> our God : his judgements <b>are</b> in all <sup>h</sup> the world. |
| <i>People</i> | 8  | He hath been alway mindful <b>of</b> his co <sup>v</sup> -e-nant :                                    |
|               |    | and the promise that he made to a thousand <b>ge</b> -ne-ra-tions;                                    |
| <i>Cantor</i> | 9  | Even the covenant that he <b>made</b> with A <sup>b</sup> -ra-ham :                                   |
|               |    | and the oath that he sware <b>un</b> -to I-saac;  |
| <i>People</i> | 10 | And confirm-ed the same unto Jacob <b>for</b> a sta-tute :  |
|               |    | and to Israel for an ever- <b>last</b> -ing test <sup>a</sup> -ment;                                  |
| <i>Cantor</i> | 11 | Saying, 'Unto thee will I give the <b>land</b> of Ca-naan :   |
| <i>People</i> |    | the lot of <b>your</b> in-he <sup>r</sup> -i-tance.'  |

**THE EPISTLE Romans 8.26-39**

The Epistle is written in the eighth chapter of St Paul's Epistle to the Romans, beginning at the twenty sixth verse.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. We know that all things work together for good for those who love God, who are called according to his

purpose. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn within a large family. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. What then are we to say about these things? If God is for us, who is against us? He who did not withhold his own Son, but gave him up for all of us, will he not with him also give us everything else? Who will bring any charge against God's elect? It is God who justifies. Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us. Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? As it is written, 'For your sake we are being killed all day long; we are accounted as sheep to be slaughtered.'

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

The word of the Lord.  
**Thanks be to God.**

### GOSPEL ACCLAMATION

The musical notation consists of two staves. The first staff is labeled 'Cantor' and contains the melody for 'Al - le - lu - ia.' The second staff is labeled 'People' and contains the melody for '\* Al - le - lu - ia.' followed by a long horizontal line indicating a sustained note. The second staff also includes the notation 'Tone VI' at the end.

*Cantor*      LORD, TO whom shall we go? : you have the words of ë-ter-nal`life.  
*People*        \* Alleluia.



## THE HOLY GOSPEL Matthew 13.31-33, 44-52

The Lord be with you.

**And with thy spirit.**

The Holy Gospel is written in the thirteenth chapter of the Gospel according to Saint Matthew, beginning at the thirty first verse.

**Glory be to thee O, Lord.**

Jesus put before them another parable: 'The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches.' He told them another parable: 'The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened.' 'The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field. 'Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it. 'Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth. 'Have you understood all this?' They answered, 'Yes.' And he said to them, 'Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old.'

The Gospel of Christ.

**Praise be to thee, O Christ.**


*The People sit at the invitation of the Preacher.*

**SERMON**






He suf-fer-ed and was bu - - - ri-ed, And the third day he rose a - gain




ac - cord - ing to the Scrip - tures, And as - cend - ed in - to hea - - - ven,



And sit - teth on the right hand of the Fath - er. And he shall come a - gain with glo - ry



to judge both the quick and the dead: Whose king - dom shall have no end.



And I be - lieve in the Ho - ly Ghost, The Lord, The Giv - er of Life,




Who pro - ceed - eth from the Fath - er and the Son, Who with the Fath - er and the Son




to - geth - er is wor - ship - ped and glo - ri - fi - ed, Who spake by the Pro - - - phets.



And I be - lieve One, Ho - ly, Cath - o - lic, and A - po - sto - lic Church.



I ac - know - ledge one Bap - tism for the re - mis - sion of sins. And I look for



the Re - sur - rec - tion of the dead, And the Life of the world to come.



A - - - - - men.

## OFFERTORY SENTENCE

Remember the words of the Lord Jesus, how he said, it is more blessed to give than to receive.

*The People remain standing for the hymn.*

## OFFERTORY HYMN 371 – The God of Abraham praise

- 1 The God of Abraham praise  
Who reigns enthroned above,  
Ancient of everlasting days,  
And God of love:  
Jehovah, great I Am,  
By earth and heaven confest;  
I bow and bless the sacred Name  
For ever blest.
- 2 The God of Abraham praise,  
At whose supreme command  
From earth I rise, and seek the joys  
At his right hand:  
I all on earth forsake,  
Its wisdom, fame, and power;  
And him my only portion make,  
My shield and tower.
- 3 Before the Saviour's face  
The ransomed nations bow,  
O'erwhelmed at his almighty grace  
For ever new;  
He shows his prints of love –  
They kindle to a flame!  
And sound through all the worlds above  
'Worthy the Lamb'.

4 The whole triumphant host  
 Give thanks to God on high;  
 'Hail, Father, Son, and Holy Ghost,'  
 They ever cry:  
 Hail Abraham's God and mine;  
 I join the heavenly lays;  
 All might and majesty are thine,  
 And endless praise!

LEONI  
 Adapted from a Hebrew Melody

Thomas Olivers, 1770

*The People remain standing as the thurifer approaches for the censuring.*

### PRAYER OVER THE GIFTS

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

*The People kneel.*

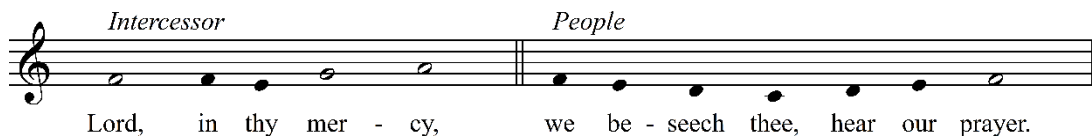
### INTERCESSIONS

*Celebrant:* Sisters and brothers in Christ, with joyous hearts and in communion with the Holy Catholic Church, let us offer up our prayers to Almighty God.

*Intercessor:* I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan cycle of prayer, and for \_\_\_\_\_ according to the Parish cycle of prayer, and for all who serve and minister to God's people. (*Silence.*)

<i>Intercessor</i>	<i>People</i>
	
Lord, in thy mer - cy,	we be - seech thee, hear our prayer.

*Intercessor:* I bid your prayers for Charles, King of Canada, and for all in civil authority under him in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. (*Silence.*)



The image shows a musical staff with a treble clef. The staff is divided into two sections by a double bar line. The first section is labeled "Intercessor" and contains the notes for "Lord, in thy mer - cy,". The second section is labeled "People" and contains the notes for "we be - seech thee, hear our prayer.".

*Intercessor:* I bid your prayers for the world, for those places affected by war, conflict, calamity, or disaster, especially for Ukraine and Sudan, and all other places we now name, silently or aloud. May God grant us the spirit of respect and forbearance for all nations and peoples. *Silence.*

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream, and for newcomers and visitors this morning, both near and far. [We give thanks especially on this day for \_\_\_\_\_.] And for all other thanksgivings we now name, silently or aloud \_\_\_\_\_. May God's abiding presence be with us always, that we may be a blessing to all people. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all those in need, for the sick\_\_\_\_\_, and for all those suffering in mind, body, or estate; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked\_\_\_\_\_. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the souls of the departed, especially\_\_\_\_\_ who have died in recent days, and those whose year's mind is at this time \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, rest in peace and rise in glory. *(Silence.)*

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Celebrant:* Lord, hear the prayers of thy people; and what we have asked faithfully, grant that we may obtain effectually, to the glory of thy Name; through Jesus Christ our Lord. **Amen.**

## **INVITATION, CONFESSION AND ABSOLUTION**

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Almighty God, **Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

*The Celebrant alone stands to impart the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*The People remain kneeling.*

### EUCCHARISTIC PRAYER

The musical notation consists of three staves, each with a treble clef and a key signature of two flats (B-flat and E-flat). The first staff is divided into two parts: 'Celebrant' on the left and 'People' on the right. The lyrics are: 'The Lord be with you; And with thy spirit.' The second staff also has two parts: 'Celebrant' and 'People'. The lyrics are: 'Lift up your hearts; We lift them up unto the Lord.' The third staff has two parts: 'Celebrant' and 'People'. The lyrics are: 'Let us give thanks unto our Lord God; It is meet and right so to do.'

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Who by water and the Holy Spirit hast made us a holy people in Jesus Christ our Lord; thou dost renew that mystery in bread and wine and nourish us, to show forth thy glory in all the world.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Choir alone sings:*



## SANCTUS & BENEDICTUS

Holy, Holy, Holy,  
Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
✠ Blessed is he that cometh  
in the Name of the Lord.  
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,  
Dominus Deus Sabaoth:  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
✠ Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.

*The Celebrant continues,*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole

Church may obtain remission of our sins, and all other benefits of his passion;  
 And we pray that by the power of thy Holy Spirit, all we who are partakers of this  
 holy Communion may be fulfilled with thy grace and heavenly benediction;  
 through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy  
 Spirit, all honour and glory be unto thee,

*Celebrant* *People*

O Fa - ther al - might - ty, world with - out — end. A - men. —

### THE LORD'S PRAYER

*Music by John Merbecke*

*Celebrant*

And now, as our Sa - viour Christ hath com - mand - ed and taught us, we are bold to say:

*People*

Our Fa - ther, who art in heav'n, Hal - low - ed be thy Name, Thy king - dom come,

Thy will be done, on earth, as it is in heav'n. Give us this day our dai - ly bread;

and for - give us our tres - pass - es, As we for - give them that tres - pass a - gainst us;

And lead us not in - to temp - ta - tion, But de - li - ver us from ev - il.

For thine is the king - dom, the pow - er and the glo - ry, For ev - er and ev - er. A - men.

## FRACTION & PEACE

*A period of silence is kept. The consecrated Bread is broken.*

*Celebrant* *People*

The peace of the Lord be al-ways with you. And with thy spi - rit.

## PRAYER OF HUMBLE ACCESS

*All who intend to receive Holy Communion pray together:*

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The Choir alone sings:*

### AGNUS DEI

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, have mercy upon us.

O Lamb of God, that takest away the sin of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*The Celebrant turns to face the People and says,*

### INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sin of the world.

**Lord, I am not worthy that thou shouldst come under my roof, but speak the word only, and my soul shall be healed.**

## COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## COMMUNION DEVOTIONS

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

## ANIMA CHRISTI

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.

In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

**MOTET**

‘Ave verum corpus,’ Edward Elgar (1857-1934)

Ave verum Corpus, natum de Maria Virgine: vere passum, immolatum in cruce pro homine: Cujus latus perforatum, unda fluxit sanguine: Esto nobis praegustatum in mortis, examine. O dulcis, O pie, O Jesu Fili Mariae, miserere mei.

Hail, true Body, born of the Virgin Mary, Who has truly suffered, was sacrificed on the cross for mortals, Whose side was pierced, whence flowed water and blood: Be for us a foretaste of heaven during our final trial. O Jesu sweet, O Jesu merciful, O Jesu, Son of Mary, have mercy upon me.

(Sequence Hymn for Corpus Christi)

*The People may sit or kneel for the hymn.*

**COMMUNION HYMN 460** – Lo, God is here: let us adore

- 1 Lo, God is here: let us adore,  
And own how sacred is this place:  
Let all within us feel his power,  
And silent bow before his face:  
Who know his power, his grace who prove,  
Serve him with awe, with reverence love.
  
- 2 Lo, God is here: him day and night  
United choirs of angels sing:  
To him, enthroned above all height,  
Heaven’s host their noblest praises bring.  
Disdain not, Lord, our meaner song,  
Who praise thee with a stammering tongue.

3 Almighty Lord, may this our praise  
Thy courts with grateful fragrance fill  
Still may we stand before thy face,  
Still hear and do thy sovereign will:  
To thee may all our thoughts arise,  
Ceaseless, accepted sacrifice.

*VATER UNSER*  
*Geistliche Lieder, Leipzig, 1539, Harmonized by J.S. Bach*

*Tr. (1739) from the German of G. Tersteegen (1729)*  
*by Rev. John Wesley*

*The People kneel.*

### **PRAYER AFTER COMMUNION**

Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

### **BLESSING**

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the ✠ Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

*Please stand.*

## **DISMISSAL**

Go in peace to love and serve the Lord.

**Thanks be to God.**

## **CONCLUDING HYMN 523** – Jesus, thy Blood and righteousness

- 1 Jesus, thy Blood and righteousness  
My beauty are, my glorious dress;  
'Midst flaming worlds, in these arrayed,  
With joy shall I lift up my head.
- 2 Bold shall I stand in thy great day;  
For who aught to my charge shall lay?  
Fully absolved through these I am  
From sin and fear, from guilt and shame.
- 3 When from the dust of death I rise  
To claim my mansion in the skies,  
Even then this shall be all my plea,  
Jesus hath lived, hath died, for me.
- 4 Jesus, be endless praise to thee,  
Whose boundless mercy hath for me –  
For me a full atonement made,  
An everlasting ransom paid.
- 5 O let the dead now hear thy voice;  
Now bid thy banished ones rejoice;  
Their beauty this, their glorious dress,  
Jesus, thy Blood and righteousness.

*WALTON*  
*Wm. Gardiner's Sacred Melodies, 1815*

*Tr (1740) from the German of N.L. von Zinzendorf (1739),  
by Rev John Wesley*

## **VOLUNTARY**

**Fugue in G Major, BWV 541, J.S. Bach (1685-1750)**

## **DAILY OFFICE SCHEDULE**

*Morning Prayer and Evening Prayer services generally last 15-25 minutes  
and are a great way to begin and/or end the day!*

### **MORNING PRAYER**

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

### **EVENING PRAYER**

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

*Choral Evensong on Sundays is followed by Eucharistic devotions.*

## **DAILY MASS SCHEDULE**

### **SUNDAY**

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

### **WEEKDAY LOW MASS**

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

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