

# NOTICES FOR THE WEEK OF JULY 31, 2022

## THE SEVENTH SUNDAY AFTER TRINITY

Saint Thomas's Church,  
383 Huron Street, Toronto, M5S 2G5  
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**Mattins at 7:30 am:** Psalm 37, Pt 1; 1 Kings 21.1-23 & Acts 21.15-36

**Low Mass at 8:00 am:** Page 228, Introit: Psalm 47.1-4; Gradual: Psalm 34.11-15

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### EVENTS AT A GLANCE

TODAY	TRINITY VII
	7:30 am Mattins
	8:00 am Low Mass
	9:30 am Sung Mass
	11:00 am High Mass
	3:00 pm Evensong and Devotions
Mon. Aug 1	<b>Simcoe Day</b> – Office Closed
Sun. Aug 7	<b>THE TRANSFIGURATION OF OUR LORD</b>
Sun. Aug 14	<b>SAINT MARY THE VIRGIN</b>
Sun. Aug 21	<b>TRINITY X</b>
Sun. Aug 28	<b>TRINITY XI</b>
Sun. Sept 4	<b>TRINITY XII</b>
Mon. Sept 5	<b>Labour Day</b> – Office Closed
Sun. Sept 11	<b>TRINITY XIII</b>

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**ARE YOU A UNIVERSITY STUDENT OR RECENTLY GRADUATED** from university (undergraduate or graduate)? We would like to hear about your experiences at St. Thomas's and share them on our social media pages. If you are interested, or have questions, please contact Fr. James Shire at [frshire@stthomas.on.ca](mailto:frshire@stthomas.on.ca).

**SAINT THOMAS'S PUBLIC WORSHIP** at 8:00, 9:30, 11:00 am, and 3:00 pm

All morning Masses are in-person, and the 9:30 and 11:00 am Eucharists are all livestreamed on YouTube, as is the 3:00 pm Evensong and Devotions.

### **Masking**

The Diocese of Toronto has now entered the Green Stage, leaving all policies to the parishes. Masks, preferably N95 or KN95, are encouraged. Please join in heartily in our congregational singing, following suit with the choir in their masking practices.

Though distancing is no longer a requirement, please inquire of your nearest neighbours to ensure that all are comfortable and accommodated.

### **The Common Cup**

As has always been the case, communicants may choose to receive communion in one kind only (i.e. no one should feel obligated to receive both the bread and the wine).

As per Diocesan guidelines, communicants are asked *not* to dip the consecrated host into the chalice with their hand (the practice known as intinction) as an alternative to drinking from the chalice.

**Beginning this Sunday**, St. Thomas's will begin to offer low gluten communion hosts for those who have gluten allergies, sensitivities, or celiac. These hosts are approved for liturgical use in the Catholic Church in the United States Canada and contain less than 20 parts per million of gluten. Hosts like these have been deemed safe for consumption for those with Celiac.

The baking of the low gluten hosts is done in a dedicated bakery using positive air pressure to create a room that is free of contaminants. The equipment used in their production is also dedicated to the low gluten baking and is not used for regular altar bread production.

Low gluten communion hosts are available upon request. If you require one, please inform the sides people prior to the start of the service. The low gluten hosts will be kept in a dedicated pyx in a small bowl to prevent cross-contamination. When approaching for communion, please inform the priest that you require a low gluten host, and they will present the pyx to the communicant to open and consume.

**THE FRIDAY FOOD MINISTRY** will be meeting this Friday, July 8 to make and serve sandwiches. You are invited to help prepare and serve our meal this week. We need volunteers for one or more of the following shifts:

3:00-5:30 pm Meal Prep

5:30-7:30 pm Meal Service and clean-up

Please contact Fr. James Shire at *fridayfoodministry@gmail.com* if you would like to join us!

### **ADVANCE CONSTRUCTION NOTICE**

Please note that construction to rebuild the steps to the main door of the church (south-west door) will begin on Tuesday, August 2<sup>nd</sup>. During the construction, entrance to the church will be through the doors at the north-west corner, or using the parish hall doors.

Early this year, ERA Architects was contracted to review the deteriorating condition of the south-west steps and provide a proposal for rebuilding them. They determined that the past need to repeatedly repair the steps was due in large part to the absence of a firm substrate necessary to support the steps and landing, and worsened by water infiltration through the joints. They have designed a solution which, with proper maintenance, they expect will last for 40 years or longer.

On the advice of ERA, a contract has been signed with Historic Restoration to do the reconstruction work commencing on August 2. This will include removal and cleaning of the existing granite slabs, rebuilding the substrate to provide a secure base for the steps, adding black anti-slip carborundum strips into recessed grooves in each step for increased safety, and replacing the existing rusty steel handrails with new, elegant bronze ones. Due to the lead time for the manufacture of the handrails, it is expected that this entrance to the church may remain closed until the end of October. Thank you for your patience and understanding while this much needed work is being done.

We are very grateful for a generous donation from a parish family towards the costs of the reconstruction.

Rector and Wardens

## DAILY MASSES THIS WEEK

(BCP pages 67-86, 228, Tr 7 Pr 18, Yr 2C)

Ordinary Weekday Introit: Psalm 70  
O God, make speed to save me; O  
Lord, make haste to help me / Let them  
be ashamed and confounded that seek  
after my soul; let them be turned  
backward and put to confusion that  
wish me evil. (Ps) Let them for their  
reward be soon brought to shame that  
cry over me, "There, there."  
Glory be... [Repeat Antiphon]

MONDAY (1) *Feria* (Green) 12:15 pm  
Jeremiah 28.1-17; Psalm 119.Pt 12;  
Matthew 14.13-21

TUESDAY (2) *Feria* (Green) 5:30 pm  
Jeremiah 30.1-2,12-22; Psalm 102.16-22;  
Matthew 14.22-36

WEDNESDAY (3) *Feria* (Green) 12:15 pm  
Jeremiah 31.1-7; Psalm 121;  
Matthew 15.21-28

THURSDAY (4) *Feria* (Green) 5:30 pm  
Jeremiah 31.31-34; Psalm 51.10-17;  
Matthew 16.13-23

FRIDAY (5) *Commem.* (Green) 12:15 pm  
Oswald, King of Northumbria  
Nahum 1.15;2.2;3.1-3,6-7; Psalm 124;  
Matthew 16.24-28

SATURDAY (6) *Feria* (Green) 10:00 am  
Habakkuk 1.12—2.4; Psalm 9.7-12;  
Matthew 17.14-20

## SAINT THOMAS'S ANGLICAN CHURCH

383 Huron Street, Toronto, ON M5S 2G5  
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*Interim Associate Priest:*

Fr. James Shire; frshire@stthomas.on.ca

*Assistant Priest:*

The Rev'd Canon Brian D. Freeland

*Rector Emeritus:* The Rev'd Roy A. Hoult

*Honorary Assistant Priests:*

The Rev'd Jeffrey Kennedy &

The Rev'd Ian D. Nichols

*Parish Administrator:* Christine Cover

*Sexton:* Elijah McNeilly

*Organist & Director of Music:*

Matthew Whitfield

musicdirector@stthomas.on.ca

*Associate Organist:* Elizabeth Anderson

*Outreach Contact:* Fr. James Shire

fridayfoodministry@gmail.com

*Rector's Warden:* Lorne Swan

*Deputy Warden:* Carroll Guen Hart

*People's Warden:* Jessica Nee

*Deputy Warden:* Phil Spencer

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