

**Saint Thomas's Church**  
**The Sunday after Ascension Day**  
**Sunday, May 21, 2023**  
**High Mass at 11 o'clock**



The Ascension (detail), Veronese, 1585  
Capitoline Museums

**Saint Thomas's Anglican Church**  
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Toronto, Ontario M5S 2G5  
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## Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

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*The Altar flowers are given to the honour and glory of Almighty God:*

*Those at the High Altar in memory of Alexandrina Victoria.*

*and*

*Those on the Lady Altar in memory of George and Bertha Heldt, from George Heldt.*

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St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit [qrco.de/smokytops](http://qrco.de/smokytops). Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

**Celebrant & Homilist:** Fr. Shire  
**Deacon:** Fr. Humphrey  
**Reader:** David Kent  
**Director of Music & Organist:** Elizabeth Anderson

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**MUSIC OF THE MASS**                      Missa Aedis Christi, William Mathias (1934-1992)

**VOLUNTARY**                              ‘Prière du Christ montant vers son Père,’ l’Ascension,  
Olivier Messiaen (1908-1992)

**ENTRANCE HYMN 392** – Rejoice, the Lord is King

1 Rejoice, the Lord is King,  
Your Lord and King adore;  
Rejoice, give thanks and sing,  
And triumph evermore:

*Refrain:*

*Lift up your heart,  
Lift up your voice,  
Rejoice, again I say, rejoice.*

2 Jesus, the Saviour, reigns,  
The God of truth and love:  
When he had purged our stains,  
He took his seat above:

*Refrain*

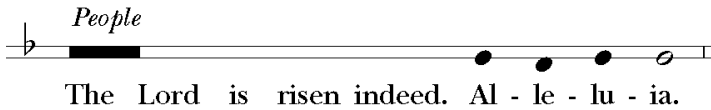
3 His kingdom cannot fail;  
He rules o’er earth and heaven;  
The keys of death and hell  
Are to our Jesus given:

*Refrain*

4 He sits at God’s right hand  
Till all his foes submit,  
And bow to his command,  
And fall beneath his feet:

*Refrain*

## THE EASTER ACCLAMATION



## EASTERTIDE ASPERGES

*Vidi Aquam* Matthew Larkin (b. 1963)

I saw water issuing forth from the temple on the right side; Alleluia.  
And all those to whom this water came obtained salvation,  
and they exclaimed Alleluia.

*The People kneel.*

## COLLECT FOR PURITY

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

*The Choir alone sings the Kyrie.*

## KYRIE ELEISON

Lord, have mercy upon us.  
Christ, have mercy upon us.  
Lord, have mercy upon us.

Kyrie Eleison.  
Christe Eleison.  
Kyrie Eleison.

*The People Stand.*

**GLORIA IN EXCELSIS DEO**

*Missa de Angelis*

*Celebrant* *People*

Glo-ry be to God on high, and in earth peace, good will to - wards men. We praise thee,  
we bless\_\_\_ thee, we wor - ship thee, we glo-ri - fy\_ thee, we give thanks to\_\_\_ thee  
for thy great glo-ry, O Lord God hea-ven-ly King, God the Fath - er\_ Al - migh - ty.  
O Lord, the on-ly-be-got-ten Son, Je - su\_ Christ; O Lord God,\_\_\_ Lamb of God,  
Son of the\_\_\_ Fath - - er, that tak - est a - way the sin of the world,\_\_\_  
have mer - cy up - on us. Thou that tak - est a - way the sin of the world,  
re - ceive our\_\_\_ prayer. Thou that sit - test at the right hand of God the Fath - er,  
have mer - cy up - on us. For thou on - ly art\_\_\_ ho - ly; thou on - ly\_\_\_ art the Lord;  
thou on - ly,\_\_\_ O Christ, with the Ho - ly Ghost, art\_\_\_ most\_\_\_ high  
in the glo - ry of God the Fath - - - er.\_\_\_ A\_\_\_ men.\_\_\_

*The People remain standing for the Collect.*

## **COLLECT OF THE DAY**

The Lord be with you.

**And with thy spirit.**

Let us pray.

O God the King of Glory, who hast exalted thine only Son Jesus Christ with great triumph unto thy kingdom in heaven: We beseech thee, leave us not comfortless; but send to us thine Holy Ghost to comfort us, and exalt us unto the same place whither our Saviour Christ is gone before; who liveth and reigneth with thee and the Holy Ghost, one God, world without end. **Amen.**

*The People sit.*

## **FIRST LESSON Acts 1.6-14**

The First Lesson is written in the first chapter of the Acts of the Apostles, beginning at the sixth verse.

So when they had come together, they asked Jesus, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.' Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

The word of the Lord.

**Thanks be to God.**

*The People remain seated for the Psalm.*

**PSALM 68.1-10, 29-32**

*Exurgat Deus*  
V. 1.



- Cantor* 1 LET GOD arise, and let his enemies be **scat-ter**<sup>ed</sup> :  
*People* let them also that hate him **flee** be-fore him.
- 2 Like as the smoke vanisheth, so shalt thou drive them a-**way** :  
and like as wax melteth at the fire, so let the ungodly perish at the  
**pre**-sence of God.
- Cantor* 3 But let the righteous be glad and rejoice before **God** :  
let them also be mer-**ry** and joy-ful.
- People* 4 O sing unto God, and sing praises unto his **Name** :  
magnify him that rideth upon the heavens; praise him in his Name  
JAH, and re-**joyce** be-fore him.
- Cantor* 5 He is a father of the fatherless, and defendeth the cause of  
the **wi**-dows : even God in his holy **hab**-i-ta-tion.
- People* 6 He is the God that giveth the desolate a home to dwell in, and  
bringeth the prisoners out of cap-**tiv**-i-ty : but the rebellious **dwell**  
in scarce-ness.
- Cantor* 7 O God, when thou wentest forth before thy **peo**-ple :  
when thou wentest **through** the wil-der-ness,
- People* 8 The earth shook, and the heavens pour-ed down rain at the presence  
of **God** : Sinai also quak-ed at the presence of God, who is the **God**  
of Is-ra-el.
- Cantor* 9 Thou, O God, sentest a gracious rain upon thine in-**he**-ri-<sup>ance</sup> :  
and refreshedst it when **it** was wea-ry.
- People* 10 Thy congregation dwelt there-**in** :  
for thou, O God, of thy goodness didst pro-**vide** for the poor.
- Cantor* 29 Sing unto God, O ye kingdoms of the **earth** :  
O sing praises **un**-to the Lord;
- People* 30 Who rideth in the high heavens, which are of **old** :  
lo, he doth send out his voice, yea, and **that** a migh-ty<sup>^</sup> voice.
- Cantor* 31 Ascribe ye the power to G<sup>o</sup>d; his majesty is over **Is**-ra-el :  
and his **strength** is in the<sup>^</sup>clouds.
- People* 32 O God, terrible art thou in thy holy **pla**-ces : even the God of Israel;  
he giveth strength and power unto his people. **Bless**-ed be God.

## THE EPISTLE 1 Peter 4.12-14; 5.6-11

The Epistle is written in the fourth chapter of the First Epistle of St Peter, beginning at the twelfth verse.

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice in so far as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you. Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you. Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power for ever and ever. Amen.

The word of the Lord.  
**Thanks be to God.**

## GOSPEL ACCLAMATION

*Cantor* Al - le - lu - ia. *People* \* Al - le - lu - ia. *Tone VI*

*Cantor* I WILL not leave you desolate, says **the** Lord : I will come to^you.  
*People* \* Alleluia.



## THE HOLY GOSPEL John 17.1-11

The Lord be with you.

**And with thy spirit.**

The Holy Gospel is written in the seventeenth chapter of the Gospel according to Saint John, beginning at the first verse.

**Glory be to thee, O Lord.**

After Jesus had spoken these words, he looked up to heaven and said, 'Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.'

The Gospel of Christ.

**Praise be to thee, O Christ.**

*The People sit at the invitation of the Preacher.*

**SERMON**



ac - cord - ing to the Scrip - tures, And as - cend - ed in - to hea - - - ven,

And sit - teth on the right hand of the Fath - er. And he shall come a - gain with glo - ry

to judge both the quick and the dead: Whose king - dom shall have no end.

And I be - lieve in the Ho - ly Ghost, The Lord, The Giv - er of Life,

Who pro - ceed - eth from the Fath - er and the Son, Who with the Fath - er and the Son

to - geth - er is wor - ship - ped and glo - ri - fi - ed, Who spake by the Pro - - - phets.

And I be - lieve One, Ho - ly, Cath - o - lic, and A - po - sto - lic Church.

I ac - know - ledge one Bap - tism for the re - mis - sion of sins. And I look for

the Re - sur - rec - tion of the dead, And the Life of the world to come.

A - - - - - men.

## OFFERTORY SENTENCE

Lay up for yourselves treasures in heaven, where neither rust nor moth doth corrupt, and where thieves do not break through and steal; for where your treasure is, there will your heart be also.

*The People remain standing for the hymn.*

## OFFERTORY HYMN 397 – Alleluia! sing to Jesus!

- 1 Alleluia! sing to Jesus!  
His the sceptre, his the throne;  
Alleluia! His the triumph,  
His the victory alone;  
Hark! the songs of peaceful Sion  
Thunder like a mighty flood.  
Jesus out of every nation  
Hath redeemed us by his blood.
- 2 Alleluia! not as orphans  
Are we left in sorrow now;  
Alleluia! He is near us,  
Faith believes, nor questions how:  
Though the cloud from sight received him,  
When the forty days were o'er,  
Shall our hearts forget his promise,  
'I am with you evermore'?
- 3 Alleluia! Bread of heaven,  
Thou on earth our Food, our Stay:  
Alleluia! here the sinful  
Flee to thee from day to day;  
Intercessor, Friend of sinners,  
Earth's Redeemer, plead for me.  
Where the songs of all the sinless  
Sweep across the crystal sea.

- 4 Alleluia! King Eternal,  
Thee the Lord of lords we own;  
Alleluia! born of Mary  
Earth thy footstool, Heaven thy throne:  
Thou within the veil hast entered,  
Robed in flesh, our great High Priest;  
Thou on earth both Priest and Victim  
In the Eucharistic Feast.
- 5 Alleluia! sing to Jesus!  
His the sceptre, his the throne;  
Alleluia! His the triumph,  
His the victory alone;  
Hark! the songs of peaceful Sion  
Thunder like a mighty flood.  
Jesus out of every nation  
Hath redeemed us by his blood.

*HYFRYDOL*

*Rowland Hugh Prichard, (1811-1887), 1855*

*William Chatterton Dix (1837-1898), 1866*

*The People remain standing as the thurifer approaches for the censuring.*

## **PRAYER OVER THE GIFTS**

Blessed be thou, Lord God of Israel, for ever and ever. All that is in the heaven and in the earth is thine. All things come of thee, and of thine own have we given thee. **Amen.**

*The People kneel.*

## INTERCESSIONS

*Celebrant:* Sisters and brothers in Christ, with joyous hearts and in communion with the Holy Catholic Church, let us offer up our prayers to Almighty God.

*Intercessor:* I bid your prayers for the church universal throughout the world; for Andrew our bishop, for Kevin and Riscylla his suffragans, for \_\_\_\_\_ according to the Anglican cycle of prayer, for \_\_\_\_\_ according to the Diocesan cycle of prayer, and for \_\_\_\_\_ according to the Parish cycle of prayer, and for all who serve and minister to God's people. (*Silence.*)



The image shows a musical staff with a treble clef. The staff is divided into two sections by a double bar line. The first section is labeled "Intercessor" and contains the notes G4, A4, B4, C5, and B4. The second section is labeled "People" and contains the notes G4, A4, B4, C5, B4, A4, G4, and F4. Below the staff, the lyrics "Lord, in thy mer - cy, we be - seech thee, hear our prayer." are written, with hyphens under "mer - cy" and "be - seech".

*Intercessor:* I bid your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the world, for those places affected by war, conflict, calamity, or disaster, especially for Ukraine and Sudan, and all other places we now name, silently or aloud. May God grant us the spirit of respect and forbearance for all nations and peoples. *Silence.*

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all who serve the needs of others in our community, for the volunteers and guests of the Friday Food Ministry, and for all those who labour in and use shelters, drop-in programs, foodbanks, and other social services. May God aid us to love him with all our hearts, souls, minds, and strength, and to love our neighbours as ourselves. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud \_\_\_\_\_ [We give thanks especially for\_\_\_\_\_.] May God's abiding presence be with us always, that we may be a blessing to all people. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for all those in need, for the sick\_\_\_\_\_, and all those suffering in mind, body, or estate; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked\_\_\_\_\_. May God grant that they will be comforted by the ever-present love of our Lord. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Intercessor:* I bid your prayers for the souls of the departed, especially\_\_\_\_\_ who have died in recent days, and those whose year's mind is at this time \_\_\_\_\_, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, rest in peace and rise in glory. (*Silence.*)

Lord, in thy mercy,  
**We beseech thee, hear our prayer.**

*Celebrant:* O Lord Jesus Christ, who saidst unto thine Apostles, Peace I leave with you, my peace I give unto you: Regard not our sins, but the faith of thy Church; and grant to us the peace and unity of that heavenly City, where with the Father and the Holy Ghost thou livest and reignest, ever one God, world without end.  
**Amen.**

## INVITATION, CONFESSION AND ABSOLUTION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead the new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

**Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and confess our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty. We do earnestly repent, And are heartily sorry for these our misdoings. Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.**

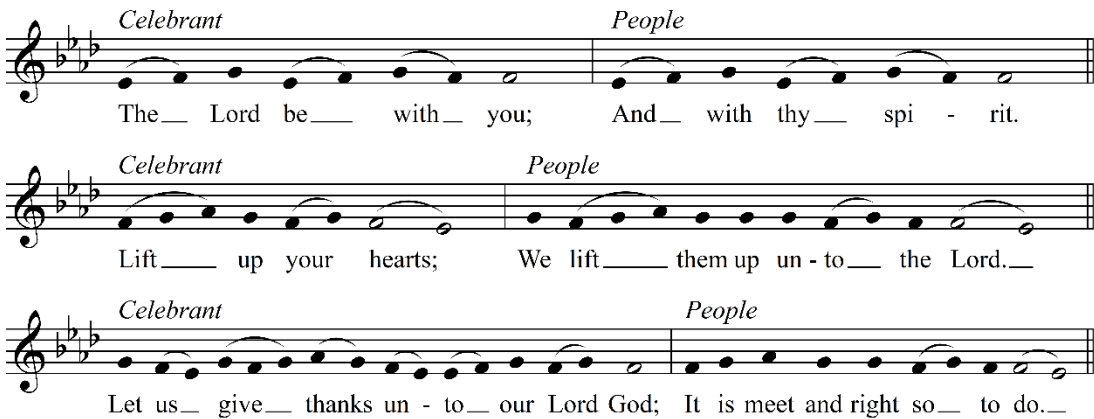
*The Celebrant alone stands to impart the Absolution.*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**



*The People remain kneeling.*

## **EUCCHARISTIC PRAYER**



*Celebrant* *People*  
The Lord be with you; And with thy spirit.

*Celebrant* *People*  
Lift up your hearts; We lift them up unto the Lord.

*Celebrant* *People*  
Let us give thanks unto our Lord God; It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God, Creator and Preserver of all things.

Through thy most dearly beloved Son Jesus Christ our Lord; who after his most glorious Resurrection manifestly appeared to all his Apostles, and in their sight ascended up into heaven to prepare a place for us; that where he is, thither we might also ascend, and reign with him in glory.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee and saying:

*The Choir alone sings:*

## **SANCTUS & BENEDICTUS**

Holy, Holy, Holy,  
Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
✠ Blessed is he that cometh  
in the Name of the Lord.  
Hosanna in the highest.

Sanctus, Sanctus, Sanctus,  
Dominus Deus Sabaoth:  
Pleni sunt caeli et terra gloria tua.  
Hosanna in excelsis.  
✠ Benedictus qui venit  
in nomine Domini.  
Hosanna in excelsis.


*The Celebrant continues,*

Blessing and glory and thanksgiving be unto thee Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the Cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood; who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me.

Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all, of this; for this is my Blood of the new Covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy Bread of eternal life and the Cup of everlasting salvation, the memorial which he hath commanded; And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy Communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee,



The musical notation is on a single staff with a treble clef and a key signature of two flats (B-flat and E-flat). The melody consists of quarter notes for the celebrant and half notes for the people. The lyrics are: O Fa - ther al - might - ty, world with - out \_\_\_ end. A - men. \_\_\_


*Celebrant* *People*

O Fa - ther al - might - ty, world with - out \_\_\_ end. A - men. \_\_\_

# THE LORD'S PRAYER

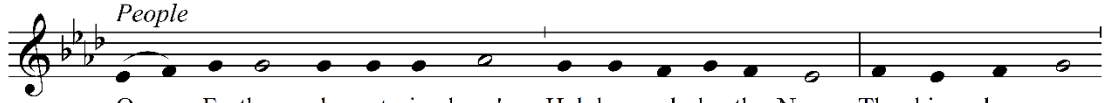
*Music by John Merbecke*

*Celebrant*

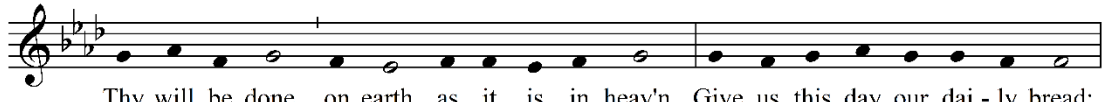


And now, as our Sa-viour Christ hath com-mand-ed and taught us, we are bold to say:

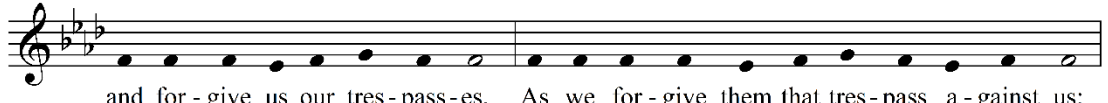
*People*



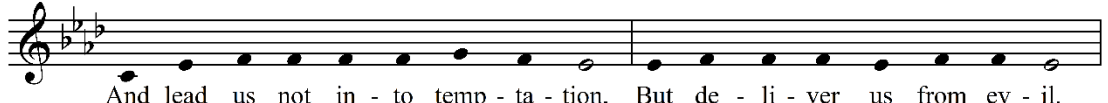
Our Fa-ther, who art in heav'n, Hal-low-ed be thy Name, Thy king-dom come,



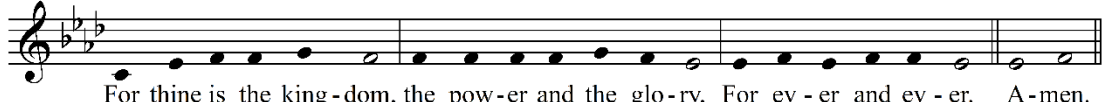
Thy will be done, on earth, as it is in heav'n. Give us this day our dai-ly bread;



and for-give us our tres-pass-es, As we for-give them that tres-pass a-gainst us;



And lead us not in-to temp-ta-tion, But de-li-ver us from ev-il.




For thine is the king-dom, the pow-er and the glo-ry, For ev-er and ev-er. A-men.

# FRACTION & PEACE


*A period of silence is kept. The consecrated Bread is broken.*

*Celebrant*



The peace of the Lord be al-ways with you.

*People*



And with thy spi-rit.

## PRAYER OF HUMBLE ACCESS

*All who intend to receive Holy Communion pray together:*

We do not presume

**to come to this thy Table, O merciful Lord, Trusting in our own righteousness, But in thy manifold and great mercies. We are not worthy So much as to gather up the crumbs under thy Table. But thou art the same Lord, Whose property is always to have mercy: Grant us therefore, gracious Lord, So to eat the Flesh of thy dear Son Jesus Christ, And to drink his Blood, That our sinful bodies may be made clean by his Body, And our souls washed through his most precious Blood, And that we may evermore dwell in him, And he in us. Amen.**

*The Choir alone sings:*

### AGNUS DEI

O Lamb of God, that takest away the sin  
of the world, have mercy upon us.

O Lamb of God, that takest away the sin  
of the world, have mercy upon us.

O Lamb of God, that takest away the sin  
of the world, grant us thy peace.

Agnus Dei, qui tollis peccata mundi,  
miserere nobis.

Agnus Dei, qui tollis peccata mundi,  
miserere nobis.

Agnus Dei, qui tollis peccata mundi,  
dona nobis pacem.

*The Celebrant turns to face the People and says,*

### INVITATION TO COMMUNION

Behold the Lamb of God; behold him that taketh away the sin of the world.

**Lord, I am not worthy that thou shouldst come under my roof, but speak the word only, and my soul shall be healed.**

### COMMUNION INSTRUCTIONS

*All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.*

*Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.*

*If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing.*

*If you wish to inquire about baptism for yourself or your child, we would love to speak with you!*

## **COMMUNION DEVOTIONS**

*An Act of Spiritual Communion, which may be prayed silently by those not receiving:*

My Jesus, I believe that thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.

## **ANIMA CHRISTI**

*The following devotion may be prayed silently by communicants and non-communicants.*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesu, hear me.  
Within thy wounds hide me.  
Suffer me not to be separated from thee.  
From the malicious enemy defend me.  
In the hour of my death call me.  
And bid me come to thee,  
That with thy saints I may praise thee,  
For ever and ever. Amen.

**COMMUNION HYMN 380** - Hail, thou once despised Jesus

- 1 Hail, thou once despised Jesus,  
Hail, thou Galilean King:  
Thou didst suffer to redeem us,  
Thou didst free salvation bring.  
Hail, thou universal Saviour,  
Bearer of our sin and shame,  
By thy merits we find favour;  
Life is given through thy Name.
- 2 Paschal Lamb, by God appointed,  
All our sins on thee were laid;  
By almighty love anointed,  
Thou hast full atonement made.  
All thy people are forgiven,  
Through the virtue of thy Blood:  
Opened is the gate of heaven,  
Peace is made 'twixt man and God.
- 3 Jesu, hail! enthroned in glory,  
There for ever to abide;  
All the heavenly hosts adore thee,  
Seated at thy Father's side:  
Worship, honour, power, and blessing  
Thou art worthy to receive:  
Loudest praises, without ceasing,  
Meet it is for us to give.

*IN BABILONE*  
*Traditional Dutch Melody*

*John Bakewell, 1757*

**MOTET** 'God is gone up with a triumphant shout,' Gerald Finzi (1901-1956)

God is gone up with a triumphant shout: The Lord with sounding Trumpets' melodies: Sing Praise, Sing Praises out, Unto our King sing praise seraphicwise! Lift up your Heads, ye lasting Doors, they sing, And let the King of Glory enter in. Methinks I see Heaven's sparkling courtiers fly, In flakes of Glory down him to attend, And hear Heart-cramping notes of Melody Surround his Chariot as it did ascend; Mixing their Music, making every string More to enravish as they this tune sing. God is gone up with a triumphant shout. . .

(Edward Taylor)

*The People kneel.*

## PRAYER AFTER COMMUNION

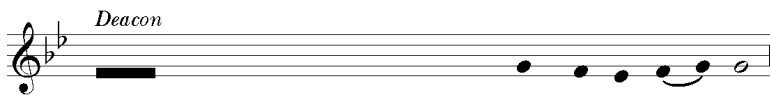
Let us pray.

Almighty and everliving God, we most heartily thank thee that thou dost graciously feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; assuring us thereby of thy favour and goodness towards us; and that we are living members of his mystical body, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

## ASCENSIONTIDE BLESSING

May the risen Christ who hast passed into the heavens clothe thee with power from on high. And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

## DISMISSAL



Let us go forth in the name of Christ, al - le - lu - ia,



al - le - lu - ia.



Thanks be to God, al - le - lu - ia, al - le - lu - ia.

## CONCLUDING HYMN

- 1 The Lord ascendeth up on high,  
The Lord hath triumphed gloriously,  
In power and might excelling;  
The grave and hell are captive led,  
Lo! He returns our living Head,  
To His eternal dwelling!
- 2 The heavens with joy receive their Lord,  
By saints, by angel hosts adored;  
O day of exultation!  
O earth, adore thy mighty King,  
His Rising, His Ascension sing,  
With thankful adoration!
- 3 Our great High Priest hath gone before,  
Now on His Church His grace to pour,  
And still His love He giveth:  
O may our hearts to Him ascend,  
May all within us upward tend  
To Him who ever liveth!

*BOURGEOISE*

*Arthur Russell 1806-74  
and others*

## VOLUNTARY

Prelude on 'Hyfrydol,' Healey Willan (1888-1968)

### Copyright Information:

*L'Ascension* Music by: *Messiaen, Olivier*

Copyright Year: 1934 Publisher: *Oxford University Press*

*God is gone up* Text by: *Taylor, Edward* Music by: *Finzi, Gerald*

Copyright Year: 1952 Publisher: *Boosey & Hawkes Music Publishers Ltd.*

*Prelude on 'Hyfrydol'* Music by: *Healey Willan*

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