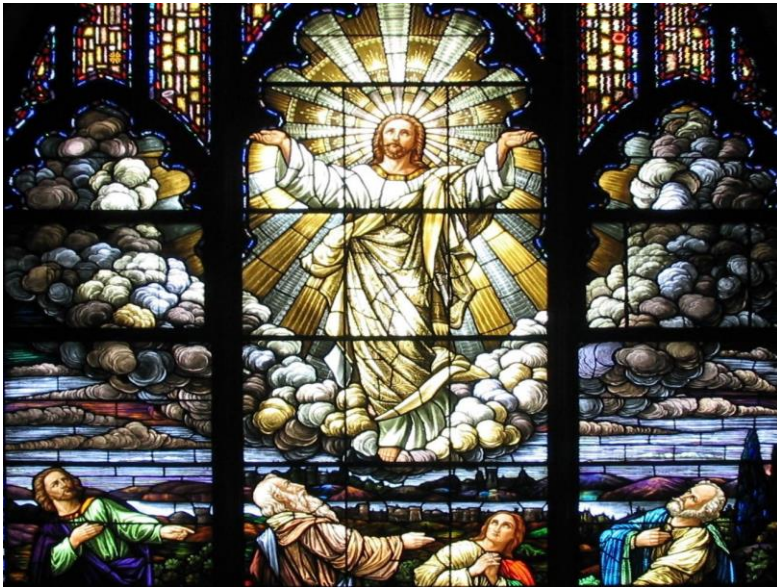


Saint Thomas's Church

The Sunday After the Ascension

Sunday, May 21, 2023

Sung Mass at 9:30 am



The Ascension of Jesus, stained glass window
St. Matthew's Evangelical Lutheran Church, Wilmington, North Carolina

Saint Thomas's Anglican Church
383 Huron Street,
Toronto, Ontario M5S 2G5
416-979-2323
www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion, indicate to the priest that you require a low gluten host.



St. Thomas's relies on the generosity of those whose offerings reflect gratitude for God's own generosity to us. To make a secure gift online, simply scan the QR code with your phone's camera app, or visit qrco.de/smokytops. Scroll to the bottom of the webpage to fill out the online form. **We no longer pass the plate, so if you want to give the old-fashioned way, an alms basin is available in the narthex.**

Celebrant & Homilist: Fr. Shire
Reader: Alex Adams
Intercessor: Evelyn Chau
Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS Communion Service, William Mathias (1934-1992)

VOLUNTARY ‘Prière du Christ montant vers son Père,’ l’Ascension,
Olivier Messiaen (1908-1992)

GREETING

Alleluia! Christ is risen.

The Lord is risen indeed! Alleluia!

May his grace and peace be with you.

May he fill our hearts with joy.

COLLECT FOR PURITY

Almighty God, **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

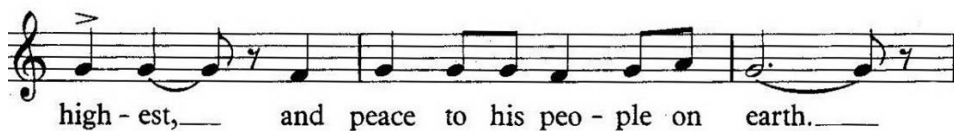
The Choir and People sing:

GLORIA IN EXCELSIS DEO

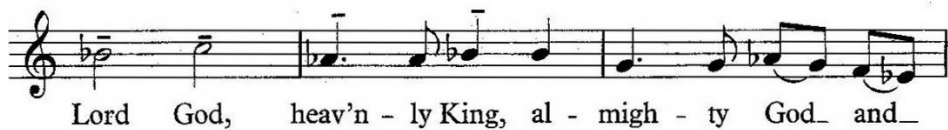
Quick and lively (♩ = c. 120)



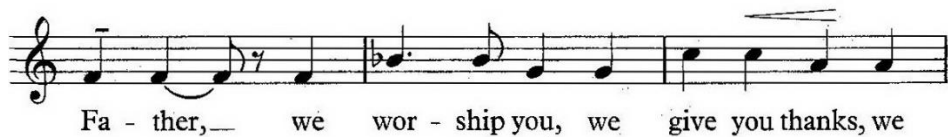
Organ *f* > > Glo - ry to God in the



high - est, and peace to his peo - ple on earth.



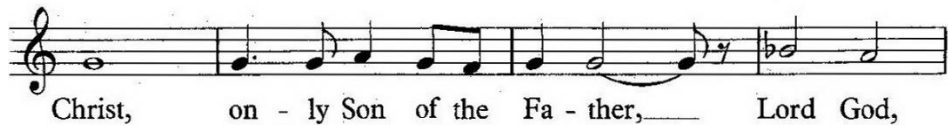
Lord God, heav'n - ly King, al - migh - ty God and



Fa - ther, we wor - ship you, we give you thanks, we



ff > > praise you for your glo - ry. *mp* Lord Je - sus



Christ, on - ly Son of the Fa - ther, Lord God,



Lamb of God, you take a - way the sin of the



world: have mer - cy on us; you are



seat - ed at the right hand of the Fa - ther: re -



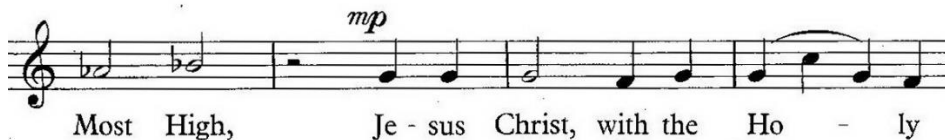
- ceive our prayer. Organ



For you a - lone are the Ho - ly One,



you a - lone are the Lord, you a - lone are the



Most High, Je - sus Christ, with the Ho - ly



Spi - rit, in the glo - ry of



God the Fa - ther. A - - men.

THE COLLECT OF THE DAY

Let us pray.

Almighty God, you have exalted your only Son Jesus Christ with great triumph to your kingdom in heaven. Mercifully give us faith to know that, as he promised, he abides with us on earth to the end of time; who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The People sit.

FIRST READING Acts 1.6-14

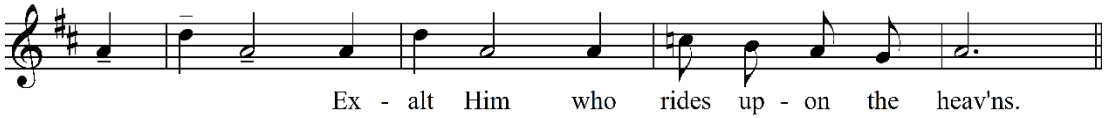
A reading from the Acts of the Apostles.

So when they had come together, they asked Jesus, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.' Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers.

The word of the Lord.

Thanks be to God.

PSALM 68.1-10, 33-36



Response: **Exalt Him who rides upon the heav'ns.**

Let God arise, and let his enemies be scattered; let those who hate him flee before him. Let them vanish like smoke when the wind drives it away; as the wax melts at the fire, so let the wicked perish at the presence of God. But let the righteous be glad and rejoice before God; let them also be merry and joyful. Sing to God, sing praises to his name; exalt him who rides upon the heavens; Yahweh is his name, rejoice before him! **R/**.

Father of orphans, defender of widows, God in his holy habitation! God gives the solitary a home and brings forth prisoners into freedom; but the rebels shall live in dry places. **R/**.

O God, when you went forth before your people, when you marched through the wilderness, The earth shook, and the skies poured down rain, at the presence of God, the God of Sinai, at the presence of God, the God of Israel. You sent a gracious rain, O God, upon your inheritance; you refreshed the land when it was weary. Your people found their home in it; in your goodness, O God, you have made provision for the poor. **R/**.

Sing to God, O kingdoms of the earth; sing praises to the Lord. He rides in the heavens, the ancient heavens; he sends forth his voice, his mighty voice. Ascribe power to God; his majesty is over Israel; his strength is in the skies. How wonderful is God in his holy places! the God of Israel giving strength and power to his people! Blessed be God! **R/**.

SECOND READING 1 Peter 4.12-14; 5.6-11

A reading from the First Epistle of Saint Peter:

Beloved, do not be surprised at the fiery ordeal that is taking place among you to test you, as though something strange were happening to you. But rejoice in so far as you are sharing Christ's sufferings, so that you may also be glad and shout for joy when his glory is revealed. If you are reviled for the name of Christ, you are blessed, because the spirit of glory, which is the Spirit of God, is resting on you. Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time. Cast all your anxiety on him, because he cares for you.

Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour. Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering. And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you. To him be the power for ever and ever. Amen.

The word of the Lord.

Thanks be to God.

The People stand.

GOSPEL ACCLAMATION

Alleluia. Alleluia. Alleluia. I will not leave you desolate, says the Lord; I will come to you. Alleluia. Alleluia. Alleluia.

THE HOLY GOSPEL John 17.1-11

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint John.

Glory to you, Lord Jesus Christ.

After Jesus had spoken these words, he looked up to heaven and said, ‘Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one.’

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Celebrant: Let us pray in faith to God our Father, his Son the Christ, and the Holy Spirit asking, Lord, hear and have mercy.

Intercessor: For the Church, this week for ____, for these in our parish ____, let us ask the riches of his grace.

Lord, hear and have mercy.

Intercessor: For all who proclaim the word of truth, Andrew, Riscylla, and Kevin our bishops, and for those who worship and minister in this place, let us ask the infinite wisdom of Christ.

Lord, hear and have mercy.

Intercessor: For all who have consecrated their lives to the kingdom of God, those with anniversaries of baptism or ordination this week ____, for all struggling to follow the way of Christ and for whom we are asked to pray ____ let us ask the gifts of the Spirit.

Lord, hear and have mercy.

Intercessor: For Charles our king, for all those aspiring or holding office under him, that they may strive for justice, equity, and peace, let us ask the strength of God.

Lord, hear and have mercy.

Intercessor: For scholars and researchers, for medical care-givers, that their work may benefit humanity and comfort the sick named today ____ let us ask the light and love of the Lord.

Lord, hear and have mercy.

Intercessor: For all who have passed from this life in faith and obedience, particularly ___ let us ask the peace of Christ.

Lord, hear and have mercy.

Celebrant: Heavenly Father, in you we live and move and have our being. Guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.
And also with you.

The People remain standing for the hymn during the Offertory.

HYMN

- 1 The Lord ascendeth up on high,
The Lord hath triumphed gloriously,
In power and might excelling;
The grave and hell are captive led,
Lo! He returns our living Head,
To His eternal dwelling!
- 2 The heavens with joy receive their Lord,
By saints, by angel hosts adored;
O day of exultation!
O earth, adore thy mighty King,
His Rising, His Ascension sing,
With thankful adoration!
- 3 Our great High Priest hath gone before,
Now on His Church His grace to pour,
And still His love He giveth:
O may our hearts to Him ascend,
May all within us upward tend
To Him who ever liveth!

BOURGEOISE

*Arthur Russell 1806-74
and others*

PRAYER OVER THE GIFTS

Source of all joy, receive our sacrifice of praise and thanksgiving. Keep us in the love of Christ and bring us to the vision of his glory; through the same Jesus Christ our Lord. **Amen.**

The Choir and People sing:

SANCTUS & BENEDICTUS

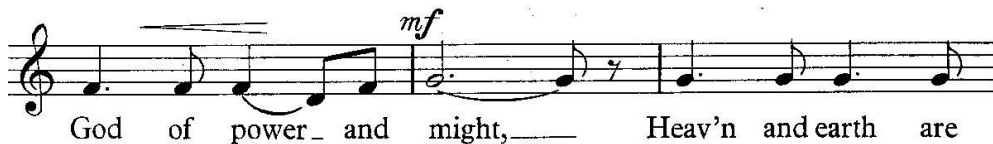
Flowing (♩ = c. 80)

mp



Organ Ho - ly, ho - ly, ho - ly Lord.

mf



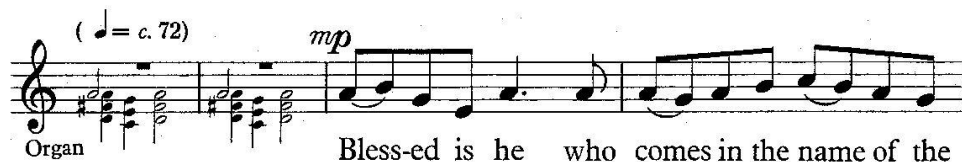
God of power_ and might, Heav'n and earth are

rit. f



full_ of your glo - ry. Ho-san-na in the high-est.

(♩ = c. 72) *mp*



Organ Bless-ed is he who comes in the name of the

f



Lord. Ho - san - na in the high - est.

The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

Music by McNeil Robinson

Celebrant *People*

As our Sa - viour taught us, let us pray, Our Fa - ther in heav - en,
hal - lowed be your name, your king - dom come, your will be done,
on earth as in heav - en. Give us to - day our dai - ly bread, For - give us our sins
as we for - give those who sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom, the pow - er,
and the glo - ry are___ yours, now and for ev - er. A - men.

THE BREAKING OF THE BREAD

Lord, we died with you on the Cross
Now we are raised to new life.

We were buried in your tomb.
Now we share in your resurrection.

Live in us, that we may live in you.

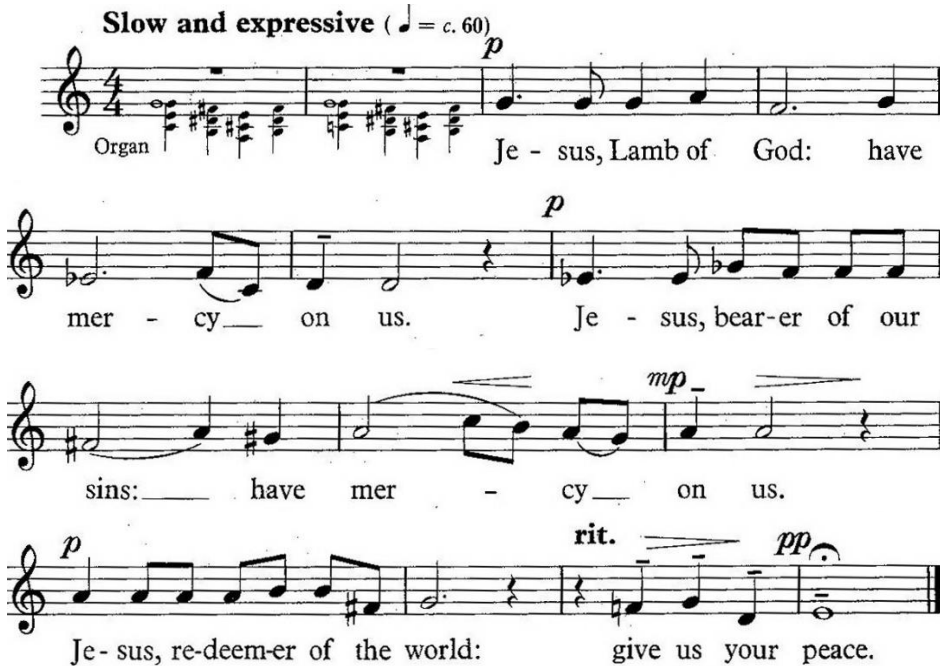
HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

The Choir and People sing:

AGNUS DEI

Slow and expressive ($\text{♩} = \text{c. } 60$)



Organ

p Je - sus, Lamb of God: have

p mer - cy on us. Je - sus, bear-er of our

mp sins: have mer - cy on us.

p Je - sus, re-deem-er of the world: *rit.* *pp* give us your peace.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET

Ave verum corpus, W.A. Mozart (1756-1791)

Ave verum Corpus, natum de Maria Virgine: vere passum, immolatum in cruce pro homine: Cuius latus praegustatem, unda fluxit et sanguine: Esto nobis preagustatem in mortis examine.

Hail, true Body, born of the Virgin Mary, Who has truly suffered, was sacrificed on the cross for mortals, Whose side was pierced, whence flowed water and blood: Be for us a foretaste of heaven during our final trial.

(Sequence Hymn for Corpus Christi)

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

The People stand.

PRAYER AFTER COMMUNION

Let us pray.

Eternal God, may we who share Christ's banquet be one with him as he is one with you. We ask this in the name of Jesus Christ, the risen and ascended Lord.
Amen.

DOXOLOGY

Glory to God,
whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

BLESSING

May the risen Christ who has passed into the heavens clothe you with power from on high. And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord. Alleluia, Alleluia.
Thanks be to God. Alleluia, Alleluia.

CONCLUDING HYMN 380 - Hail, thou once despised Jesus

- 1 Hail, thou once despised Jesus,
Hail, thou Galilean King:
Thou didst suffer to redeem us,
Thou didst free salvation bring.
Hail, thou universal Saviour,
Bearer of our sin and shame,
By thy merits we find favour;
Life is given through thy Name.
- 2 Paschal Lamb, by God appointed,
All our sins on thee were laid;
By almighty love anointed,
Thou hast full atonement made.
All thy people are forgiven,
Through the virtue of thy Blood:
Opened is the gate of heaven,
Peace is made 'twixt man and God.
- 3 Jesu, hail! enthroned in glory,
There for ever to abide;
All the heavenly hosts adore thee,
Seated at thy Father's side:
Worship, honour, power, and blessing
Thou art worthy to receive:
Loudest praises, without ceasing,
Meet it is for us to give.

IN BABILONE
Traditional Dutch Melody

John Bakewell, 1757

VOLUNTARY

Prelude on 'Hyfrydol,' Healey Willan (1888-1968)

*The Altar flowers are given to the honour and glory of Almighty God:
Those at the High Altar in memory of Alexandrina Victoria.
and
Those on the Lady Altar in memory of George and Bertha Heldt, from George Heldt.*

Copyright Information:

Communion Service Music by: *Mathias, William*

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Jesu, Word of God Incarnate Music by: *Mozart, W.A.*

Copyright Year: 1952 Publisher: *Jarman Publications Limited*

Prelude on 'Hyfrydol' Music by: *Healey Willan*

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DAILY OFFICE SCHEDULE

*Morning Prayer and Evening Prayer services generally last 15-25 minutes
and are a great way to begin and/or end the day!*

MORNING PRAYER

8:30 AM, MONDAY-FRIDAY

9:30 AM, SATURDAY

7:30 AM, SUNDAY

EVENING PRAYER

5:00 PM, MONDAY-FRIDAY

5:00 PM SUNDAY (CHORAL EVENSONG)

Choral Evensong on Sundays is followed by Eucharistic devotions.

DAILY MASS SCHEDULE

SUNDAY

LOW MASS 8:00 AM

SUNG MASS 9:30 AM

HIGH MASS 11:00 AM

WEEKDAY LOW MASS

12:15 PM, MONDAY, WEDNESDAY, FRIDAY

5:30 PM TUESDAY, THURSDAY

10:00 AM SATURDAY

Saint Thomas's Anglican Church

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