

Saint Thomas's Church

The First Sunday in Advent

Sunday, November 27, 2022

Sung Mass at 9:30 am



The Flood, Ceramic Mural, Masséot Abaquesne, c. 1555
Musée National de la Renaissance, Écouen

Saint Thomas's Anglican Church

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Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

Celebrant & Homilist: Fr. Humphrey
Reader: John Stuart
Interim Director of Music & Organist: Elizabeth Anderson

MUSIC OF THE MASS: Mass of the Good Shepherd, *Matthew Larkin*

ORGAN VOLUNTARY: 'Wachet auf, ruft uns die Stimme,' BWV 645, *J.S. Bach*

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

TRISAGION

Sung three times.

Matthew Larkin

Andante Trisagion

Ho - ly God, ho - ly and migh - ty, ho - ly im -
mor - tal one, have mer - cy up - on us. us.

THE COLLECT OF THE DAY

Almighty God, give us grace to cast away the works of darkness and put on the armour of light, now in the time of this mortal life in which your Son Jesus Christ came to us in great humility, that on the last day, when he shall come again in his glorious majesty to judge both the living and the dead, we may rise to the life immortal; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

FIRST READING: Isaiah 2.1-5

A reading from the book of the prophet Isaiah:

The word that Isaiah son of Amoz saw concerning Judah and Jerusalem. In days to come the mountain of the Lord's house shall be established as the highest of the mountains, and shall be raised above the hills; all the nations shall stream to it. Many peoples shall come and say, 'Come, let us go up to the mountain of the Lord, to the house of the God of Jacob; that he may teach us his ways and that we may walk in his paths.' For out of Zion shall go forth instruction, and the word of the Lord from Jerusalem. He shall judge between the nations, and shall arbitrate for many peoples; they shall beat their swords into ploughshares, and their spears into pruning-hooks; nation shall not lift up sword against nation, neither shall they learn war any more. O house of Jacob, come, let us walk in the light of the Lord!

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM 122



- 2 Now our **feet** / are **standing**
with-**in** your **gates** O / Je-**ru**-salem.
- 3 Je-**ru**-salem is **built** as / a **city**
that is at **unity with** / it-self.
- 4 To which the tribes go up, the **tribes** of / the **Lord**,
the assembly of Israel, to **praise** the **name** of / the **Lord**.
- 5 For **there** are the **thrones** / of **judgement**,
the **thrones** of the **house** / of **David**. [*Refrain*]

- 6 Pray for the **peace** of / Je-rusalem;
“**May** they **prosper** / who **love** you.
7 **Peace** be with-**in** / your **walls**
and **quietness** with-**in** / your **towers**.
8 For my brethren and com-**pan/ion’s sake**,
I **pray** for **your** / pros-**perity**.
9 Because of the **house** of the **Lord** / our **God**,
I will **seek** to **do** / you **good**.” [Refrain]

SECOND READING: Romans 13.11-14

A reading from St Paul’s Epistle to the Romans:

Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

The word of the Lord
Thanks be to God

The People stand. The choir will sing the first three Alleluias, followed by the people; a cantor will sing the verse and then all sing the final three Alleluias.

GOSPEL ACCLAMATION

Alleluia, Alleluia. Alleluia. Look up and raise your heads, because your redemption is drawing near. Alleluia, Alleluia, Alleluia.

THE HOLY GOSPEL: Matthew 24.36-44

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint Matthew.

Glory to you, Lord Jesus Christ.

‘But about that day and hour no one knows, neither the angels of heaven, nor the Son, but only the Father. For as the days of Noah were, so will be the coming of the Son of Man. For as in those days before the flood they were eating and drinking, marrying and giving in marriage, until the day Noah entered the ark, and they knew nothing until the flood came and swept them all away, so too will be the coming of the Son of Man. Then two will be in the field; one will be taken and one will be left. Two women will be grinding meal together; one will be taken and one will be left. Keep awake therefore, for you do not know on what day your Lord is coming. But understand this: if the owner of the house had known in what part of the night the thief was coming, he would have stayed awake and would not have let his house be broken into. Therefore you also must be ready, for the Son of Man is coming at an unexpected hour.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

Intercessor: I ask your prayers for the church universal throughout the world; for Andrew our bishop, according to the Anglican cycle of prayer for _____, according to the Diocesan prayer cycle for _____, and for all who serve and minister to God's people. *(Silence.)*

Lord, in your mercy
Hear our prayer.

I ask your prayers for the King and for all in civil authority in our country, province, and city. May God guide them in the ways of justice and peace; that all may honour one another and serve the common good. *(Silence.)*

Lord, in your mercy
Hear our prayer.

I ask your prayers for God's blessings upon all people, giving thanks to God for the people, neighbours, and friends of this parish, and especially for all those present in person or via livestream; for newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud _____ [We give thanks especially for_____.] May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in your mercy
Hear our prayer.

I ask your prayers for all those in need, for the sick_____, and all those suffering in mind, body, or estate due to the ongoing pandemic; for victims of warfare and violence; for elders, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked_____. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in your mercy
Hear our prayer.

I ask your prayers for the souls of the departed, especially_____ who have died in recent days, and on their year's mind for_____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. *(Silence.)*

Lord, in your mercy
Hear our prayer.

Celebrant: Come, Lord Jesus, do not delay; give new courage to your people, who trust in your love. By your coming, raise us to share in the joy of your kingdom on earth as in heaven, where you live and reign with the Father and the Spirit, one God for ever and ever. **Amen.**

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.
And also with you.

The People remain standing for the hymn during the Offertory.

OFFERTORY HYMN 548 – Come, thou long-expected Jesus

- 1 Come, thou long-expected Jesus,
Born to set thy people free;
From our fears and sins release us;
Let us find our rest in thee.
- 2 Israel's strength and consolation,
Hope of all the earth thou art;
Dear Desire of every nation,
Joy of every longing heart.
- 3 Born thy people to deliver;
Born a Child and yet a King;
Born to reign in us for ever;
Now thy gracious kingdom bring.
- 4 By thine own eternal Spirit
Rule in all our hearts alone;
By thine all-sufficient merit
Raise us to thy glorious throne.

The People and Choir sing,

SANCTUS & BENEDICTUS

The musical score is written on a single treble clef staff in a key signature of two flats (B-flat and E-flat). It begins with a dynamic marking of *mf*. The melody consists of quarter and eighth notes, with some phrases marked with slurs. The lyrics are printed below the staff, with hyphens indicating syllables that span across multiple notes. The score is divided into four systems, with measure numbers 15, 22, and 28 marking the beginning of the second, third, and fourth systems respectively.

mf
Ho - ly, Ho - ly, Ho-ly Lord God_ of_
15
pow-er and might. Heav-en and earth are full_ of your glo - ry. Ho - san -
22
- na in the high - est. Ble - ssed is he that co-meth in the
28
name_ of the Lord Ho - san - na in the high - est.

The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

THE BREAKING OF THE BREAD

God of promise, you prepare a banquet for us in your kingdom.
Happy are those who are called to the supper of the Lamb.

HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

The people and Choir sing:

AGNUS DEI

mp

Lamb of God, you take a - way the sin__ of the world have mer - cy up-

49

on_____ us. Lamb_ of God, you take a - way the

54

sin__ of the world Grant_____ us___ your peace.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET

'Tomorrow shall be my dancing day,' *John Gardner (1917-2011)*

Tomorrow shall be my dancing day: I would my true love did so chance To see the legend of my play, To call my true love to my dance:- *Sing O my love, O my love, my love, my love; This have I done for my true love.* Then was I born of a virgin pure, Of her I took fleshly substance; Thus was I knit to man's nature, To call my true love to my dance:- *Sing O my love...* In a manger laid and wrapp'd I was, So very poor, this was my chance, Betwixt an ox and a silly poor ass, To call my true love to my dance:- *Sing O my love...* Then afterwards baptized I was; The Holy Ghost on me did glance, My Father's voice heard from above, To call my true love to my dance:- *Sing O my love, O my love, my love, my love; This have I done for my true love.*

(English traditional carol)

featuring Roberto Morson on the snare drum, & James Yuan, piccolo

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

PRAYER AFTER COMMUNION

Let us pray.

Glory to God,

whose power, working in us, can do infinitely more than we can ask or imagine.

Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

God for whom we wait, you have fed us with the bread of eternal life. Keep us ever watchful, that we may be ready to stand before the Son of man. We ask this in the name of Christ the Lord. **Amen.**

BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord.

Thanks be to God.

CONCLUDING HYMN 238 – O God, unseen, yet ever near

- 1 O God, unseen, yet ever near
Thy presence may we feel;
And thus, inspired with holy fear,
Before thine altar kneel.
- 2 Here may thy faithful people know
The blessings of thy love;
The streams that through the desert flow,
The Manna from above.
- 3 We come, obedient to thy word,
To feast on heavenly Food;
Our meat, the Body of the Lord;
Our drink, his precious Blood.

4 Thus may we all thy word obey,
For we, O God, are thine;
And go rejoicing on our way,
Renewed with strength divine.

LINCOLN
Ravenscroft's Psalmes, 1621

Edward Osler, 1836

The people may be seated. Please maintain an atmosphere of reverent silence during and after the Postlude.

ORGAN VOLUNTARY: 'Nun komm, der Heiden Heiland,' BWV 599, *J.S. Bach*