

Saint Thomas's Church

Trinity XII

Sunday, September 4, 2022

Sung Mass at 9:30 am



Mosaic of Saint Paul
St Isaac's Cathedral in St. Petersburg

Saint Thomas's Anglican Church

383 Huron Street,

Toronto, Ontario M5S 2G5

416-979-2323

www.stthomas.on.ca office@stthomas.on.ca

Welcome!

On behalf of everyone who claims St. Thomas's as their spiritual home, we are happy you are with us, whether in person or via our livestream. If you are a visitor or newcomer, or even a longtime parishioner, but find it awkward or difficult to stand or kneel at the places indicated, remaining seated is perfectly acceptable. Please assume the posture most conducive to prayer throughout this service, or simply observe.

St. Thomas's has many peculiar ways that we cherish and are happy to share. If there seems to be no rhyme or reason for something, there might not be! But feel free to ask anyone after the service; it usually makes for entertaining conversation.

You are not obliged to engage any of us in conversation, though you should know that pretty much everyone here is happy to do so when we gather. You can always slip away without any judgement. We seem to have a lot of introverts here, so we understand the energy it takes to put yourself out there. Even if you're a raging extrovert, the experience of church can be disorienting. Relax and be yourself. Believe it or not, whether from near or far, God has led you here today. We want to honour what God is up to in your life, and we are here for you as you (re-) discover the joy and the challenge of the saving Gospel of Jesus Christ.

Fr. Nathan Humphrey, Rector

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.



The Altar flowers are given to the honour and glory of Almighty God:

*Those on the Lady Altar in loving memory of Jimmy and Jean McCallum
and Victor and Sylvia Mazar, from their granddaughter.*

Celebrant & Homilist: Fr. Humphrey
Reader: Georgiana Beal
Interim Organist & Director of Music: Elizabeth Anderson

MUSIC OF THE MASS: Community Mass, *Richard Proulx*

PRELUDE: Prelude on 'Rhosymedre,' *Ralph Vaughan Williams*

GREETING

The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with you all.

And also with you.

COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The choir and people sing:

GLORIA IN EXCELSIS DEO

Community Mass, *Richard Proulx*

Organ



f Congregation



Glo-ry to God in the high-est, and peace to his peo-ple on earth. Lord



God, heav-en-ly King, al - migh - ty God and Fa-ther, We



wor-ship you, we give you thanks, we praise you for your glo-ry.

p



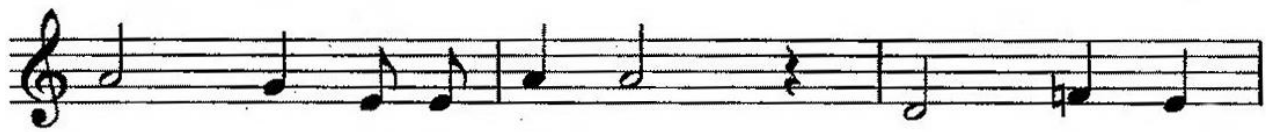
Lord Je-sus Christ, on-ly Son of the Fa ther,---



Lord God, Lamb of God, you take a-way the sin of the



world: have mer-cy on us; You are seat-ed at the



right hand of the Fa - ther: re - ceive our



pray'r, re - ceive, re - ceive our pray'r.

organ *f* All



For you a-lone are the Ho-ly One, you a- lone are the



Lord, you a - lone are the Most High, Je - sus Christ with the Ho - ly



Spi - rit in the glo - ry of God the Fa - ther. A -



men. A - men.

THE COLLECT OF THE DAY

Let us pray.

Stir up, O Lord, the wills of your faithful people, that richly bearing the fruit of good works, we may by you be richly rewarded; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING: Deuteronomy 30.15-20

A reading from the book of Deuteronomy.

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

The word of the Lord.

Thanks be to God.

The Choir and People sing the response:

RESPONSORIAL PSALM 139.1-5,12-17



Response: **Your works are wonderful, O Lord.**

Lord, you have searched me out and known me; you know my sitting down and my rising up; you discern my thoughts from afar. You trace my journeys and my resting-places and are acquainted with all my ways. **R/.**

Indeed, there is not a word on my lips, but you, O Lord, know it altogether. You press upon me behind and before and lay your hand upon me. Such knowledge is too wonderful for me; it is so high that I cannot attain to it. **R/.**

For you yourself created my inmost parts; you knit me together in my mother's womb. I will thank you because I am marvellously made; your works are wonderful, and I know it well. **R/.**

My body was not hidden from you, while I was being made in secret and woven in the depths of the earth. Your eyes beheld my limbs, yet unfinished in the womb; all of them were written in your book; they were fashioned day by day, when as yet there was none of them. *R/*.

How deep I find your thoughts, O God! how great is the sum of them! If I were to count them, they would be more in number than the sand; to count them all, my life span would need to be like yours. *R/*.

SECOND READING: Philemon 1-21

A reading from St Paul's Epistle to Philemon.

Paul, a prisoner of Christ Jesus, and Timothy our brother, to Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow-soldier, and to the church in your house: Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith towards the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother. For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love - and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back for ever, no longer as a slave but as more than a slave, a beloved brother - especially to me but how much more to you, both in the flesh and in the Lord. So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

The word of the Lord.

Thanks be to God.

Please stand. The choir will sing the first three Alleluias, followed by the people; a cantor will sing the verse and then all sing the final three Alleluias.

GOSPEL ACCLAMATION

Alleluia, Alleluia. Alleluia. Let your countenance shine upon your servant : and teach me your statutes. Alleluia, Alleluia, Alleluia.

THE HOLY GOSPEL: Luke 14.25-33

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ according to Saint Luke.

Glory to you, Lord Jesus Christ.

Now large crowds were travelling with Jesus; and he turned and said to them, ‘Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, “This fellow began to build and was not able to finish.” Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

The People sit.

SERMON

After the Sermon, the People remain seated for a period of silent reflection, standing when the Celebrant stands.

THE NICENE CREED

Let us confess our faith, as we say,

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: *(Bow.)* by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. *(Rise.)*

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People remain standing.

INTERCESSIONS

Celebrant: Dear friends in Christ, let us pray for the church and for the world.

Intercessor: I ask your prayers for the church universal throughout the world; for Andrew our bishop, for _____ according to the Anglican cycle of prayer, for _____ according to the Diocesan prayer cycle, and for all who serve and minister to God's people.

(Silence.)

Lord, in your mercy

Hear our prayer.

I ask your prayers for the Queen and for all in authority in our country, province, and city. May God guide us in the ways of justice and peace; that we may honour one another and serve the common good. *(Silence.)*

Lord, in your mercy

Hear our prayer.

I ask your prayers for God's blessings upon all people, and we give thanks to God for the people, neighbours, and friends of this parish, and especially for all those present with us in person or via livestream; our newcomers and visitors this morning, both near and far; and for all other thanksgivings we now name, silently or aloud _____, [We give thanks especially for _____.] May God's abiding presence be with us always, that we may be a blessing to all people. *(Silence.)*

Lord, in your mercy

Hear our prayer.

I ask your prayers for all those in need, for the sick _____, and all those suffering in mind, body, or estate due to the ongoing pandemic; for victims of warfare and violence; for elders in isolation, for prisoners, for refugees and migrants, for the oppressed, for those who mourn, and for all others for whom our prayers are asked _____. May God grant that they will be comforted by the ever-present love of our Lord. *(Silence.)*

Lord, in your mercy

Hear our prayer.

I ask your prayers for the souls of the departed, especially_____ who have died in recent days, and on their year's mind for_____, that they may share with the Blessed Virgin Mary, Blessed Thomas, and all the saints in God's eternal kingdom. May God grant that their souls, and the souls of all the faithful departed, may rest in peace and rise in glory. *(Silence.)*

Lord, in your mercy
Hear our prayer.

Celebrant: Hear our prayers, God of power, and through the ministry of your Son free us from the grip of the tomb, that we may desire you as the fullness of life and proclaim your saving deeds to all the world. All this we pray through Jesus Christ our Lord. Amen.

INVITATION, CONFESSION, & ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

The People bow or kneel. Silence is kept.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE PEACE

All standing, the Celebrant bids the Peace.

The peace of the Lord be always with you.
And also with you.

The People remain standing for the hymn during the Offertory.

OFFERTORY HYMN 589 – Take up thy cross, the Saviour said

- 1 Take up thy cross, the Saviour said,
If thou wouldst my disciple be;
Deny thyself, the world forsake,
And humbly follow after me.
- 2 Take up thy cross; let not its weight
Fill thy weak spirit with alarm;
His strength shall bear thy spirit up,
And brace thy heart, and nerve thine arm.
- 3 Take up thy cross, nor heed the shame,
Nor let thy foolish pride rebel;
Thy Lord for thee the Cross endured,
To save thy soul from death and hell.
- 4 Take up thy cross then in his strength,
And calmly every danger brave;
'Twill guide thee to a better home,
And lead to victory o'er the grave.
- 5 Take up thy cross and follow Christ,
Nor think till death to lay it down;
For only he who bears the cross
May hope to wear the glorious crown.
- 6 To thee, great Lord, the One in Three,
All praise for evermore ascend;
O grant us in our home to see
The heavenly life that knows no end.

*BRESLAU
As hymnodus sacer, Leipzig, 1625*

Rev. C.W. Everest, 1833

PRAYER OVER THE GIFTS

Great and holy God, accept our offering of labour and love. May we bring you true and spiritual worship and be one with you. We ask this in the name of Jesus Christ the Lord.
Amen.

THE GREAT THANKSGIVING

Celebrant: The Lord be with you. *People:* And also with you.

Celebrant: Lift up your hearts. *People:* We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give our thanks and praise.

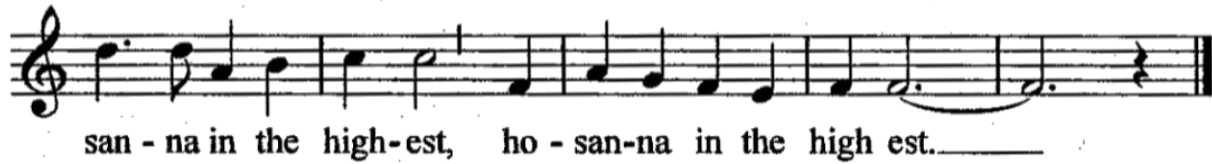
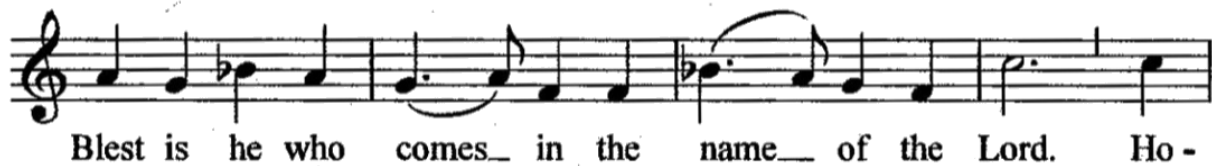
Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who on this first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. In our unending joy we echo on earth the song of the angels in heaven as we raise our voices to proclaim the glory of your name.

The People and Choir sing,

SANCTUS & BENEDICTUS

Organ *mf* *Congregation*

Ho-ly, ho-ly, ho-ly Lord, God of pow-er and
might. Heav'n and earth are full of your glo-ry. Ho-
san-na in the high-est, ho-san-na in the high-est.



The People remain standing.

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command:

**We remember his death,
we proclaim his resurrection,
we await his coming in glory.**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

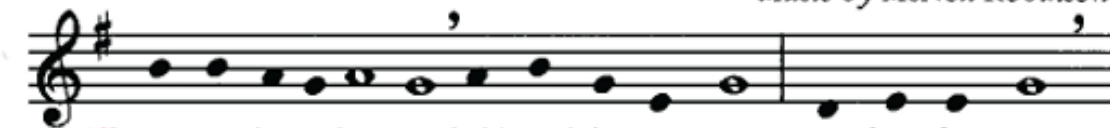
Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

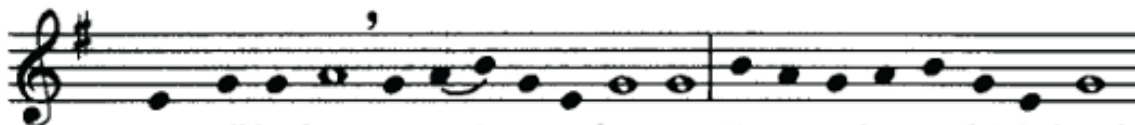


Celebrant As our Sa-viour taught us, let us pray,

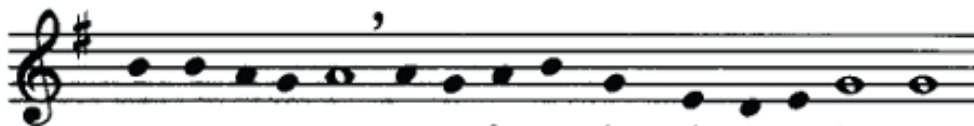
Music by McNeil Robinson



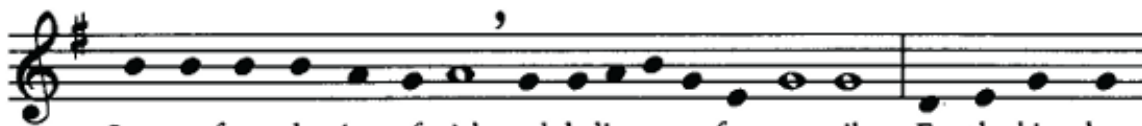
All Our Fa-ther in heav-en, hal-lowed be your name, your king-dom come,



your will be done, on earth as in heav-en. Give us to-day our dai-ly bread,



For-give us our sins as we for-give those who sin a-against us.



Save us from the time of trial, and de-liv-er us from e - vil. For the king-dom,



the pow-er, and the glo-ry are yours, now and for ev - er. A - men.

THE BREAKING OF THE BREAD

We break this bread to share in the body of Christ.

We, being many, are one body, for we all share in the one bread.

HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

The Choir alone sings,

AGNUS DEI



mp

Lamb of God, you take a-way the
sins of the world: have mer - cy on us.
Lamb of God, you take a-way the sins of the world:
grant us _____ peace.

The musical score is written on a single treble clef staff in a key signature of one flat (B-flat). It begins with a 2/4 time signature and a mezzo-piano (*mp*) dynamic marking. The melody consists of several phrases with lyrics underneath. The first phrase is "Lamb of God, you take a-way the", followed by a double bar line. The second phrase is "sins of the world: have mer - cy on us.", followed by a double bar line with repeat dots. The third phrase is "Lamb of God, you take a-way the sins of the world:", followed by a double bar line. The final phrase is "grant us _____ peace.", with a long horizontal line under "us" indicating a breath or a long note. The score ends with a double bar line.

COMMUNION INSTRUCTIONS

All baptized Christians are warmly invited to receive Communion as directed by the Sidespeople. Please receive the host (bread) on the right palm of the hand (supported underneath by the left palm). To receive the cup, gently guide with your hand the base of the chalice. Please refrain from intinction (dipping the host into the cup), as diocesan policy does not allow us to do so.

Low gluten communion hosts are available upon request. When you approach for communion indicate to the priest that you require a low gluten host.

If you have not been baptized or are not receiving communion, please cross your arms over your chest in the shape of an X to receive a blessing. If you are not receiving from the cup, please pause to reverence it with a bow before returning to your pew.

If you wish to inquire about baptism for yourself or your child, we would love to speak with you!

MOTET

‘O Jesu, King most wonderful,’ *Thomas Tallis*

O Jesu, King most wonderful, Thou Conqueror renowned, Thou sweetness most ineffable, In whom all joys are found. O Jesu, Light of all below, Thou Fount of living fire. Surpassing all the joys we know, And all we can desire. Jesu, may all confess thy Name, Thy wondrous love adore, And seeking thee, their hearts inflame To seek thee more and more. Thee, Jesu, may our voices bless, Thee may we love alone, And ever in our lives express The image of thine own.

(From the Latin of St Bernard of Clairvaux)

COMMUNION DEVOTIONS

An Act of Spiritual Communion, which may be prayed silently by those not receiving:

My Jesus, I believe that you are truly present in the Holy Sacrament. And since I cannot now receive you sacramentally, I humbly ask you to come spiritually into my heart. I unite myself to you, and embrace you with all the affections of my soul. Let me never be separated from you. Let me live and die in your love. Amen.

ANIMA CHRISTI

The following devotion may be prayed silently by communicants and non-communicants.

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesu, hear me.
Within thy wounds hide me.
Suffer me not to be separated from thee.
From the malicious enemy defend me.
In the hour of my death call me.
And bid me come to thee,
That with thy saints I may praise thee,
For ever and ever. Amen.

PRAYER AFTER COMMUNION

Let us pray.

Father, your word and sacrament give us food and life. May we who have shared in holy things bear fruit to your honour and glory, in the name of Jesus Christ the Lord. **Amen.**

BLESSING

The peace of God which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

DISMISSAL

Go in peace to love and serve the Lord.
Thanks be to God.

CONCLUDING HYMN 384 – Praise to the Holiest in the height

- 1 Praise to the Holiest in the height,
And in the depth be praise;
In all his words most wonderful,
Most sure in all his ways.
- 2 O loving wisdom of our God!
When all was sin and shame,
A second Adam to the fight
And to the rescue came.
- 3 O wisest love! That flesh and blood,
Which did in Adam fail,
Should strive afresh against the foe,
Should strive and should prevail;
- 4 And that a higher gift than grace
Should flesh and blood refine,
God's presence and his very Self,
And essence all-divine.

- 5 O generous love! that he who smote
In Man for man the foe,
The double agony in Man
For man should undergo,
- 6 And in the garden secretly,
And on the Cross on high,
Should teach his brethren, and inspire
To suffer and to die.
- 7 Praise to the Holiest in the height,
And in the depth be praise;
In all his words most wonderful,
Most sure in all his ways.

RICHMOND
adapted from Thomas Haweis, 1792
by S. Webbe (the younger), 1770-1843

Cardinal J.H. Newman, 1866

POSTLUDE: Prelude in C major, BWV 547, *J. S. Bach*

The People may be seated for the Postlude. Please maintain an atmosphere of reverent silence in the church during and after the Postlude.